

1 **Influence of hindfoot alignment on postoperative lower limb alignment in medial**
2 **opening wedge high tibial osteotomy**

3

4 **Abstract**

5 **Introduction:** We have experienced unexpected undercorrection after medial opening
6 wedge high tibial osteotomy (MOWHTO). Although the tibia was corrected accurately,
7 the postoperative mechanical axis (MA) was less than 57%. The purpose of this study
8 was to evaluate the relationship between hindfoot alignment and postoperative lower
9 limb alignment, and to reveal whether hindfoot alignment affects lower limb alignment
10 after MOWHTO. Our hypothesis was that hindfoot alignment influences the
11 postoperative MA in MOWHTO.

12 **Materials and Methods:** This study was a retrospective comparative study. The study
13 cohort comprised 43 knees in 43 patients who underwent MOWHTO and had standing
14 long-leg anteroposterior view and hindfoot alignment view radiographs taken
15 preoperatively and at 3 months postoperatively. To evaluate the hindfoot alignment, the
16 absolute value of the ankle joint line orientation relative to the ground was added to the
17 absolute value of the hindfoot angle. We defined a postoperative MA of 57–67% as

18 acceptable correction (A-group) and a MA of < 56% as undercorrection (U-group). The
19 two groups were analyzed to identify factors that affected postoperative limb alignment.

20 **Results:** The preoperative hindfoot alignment angle was significantly larger in the U-
21 group than the A-group. The preoperative hindfoot alignment angle was a significant
22 predictive factor of the postoperative MA, and the cut-off value that distinguished
23 undercorrection from acceptable correction was 15.9 degrees.

24 **Conclusions:** Abnormal hindfoot alignment is one of the causes of undercorrection
25 after MOWHTO. Attention should be paid to the preoperative ankle joint line
26 orientation relative to the ground and hindfoot angle. If the preoperative hindfoot
27 alignment angle is ≥ 15.9 degrees, surgeons should reconsider the operative procedure
28 and correction angle.

29

30 **Level of Evidence:** Therapeutic level III, retrospective study

31 **Keywords:** medial opening wedge high tibial osteotomy, hindfoot, alignment,

32 undercorrection

33 **Introduction**

34 Reproduction of the preoperatively planned lower limb alignment is important for the
35 attainment of good results after medial opening wedge high tibial osteotomy
36 (MOWHTO). The target coronal alignment is generally the mechanical axis (MA) that
37 passes through the Fujisawa point [1] located at 62.5% of the tibial plateau from the
38 medial edge, because this alignment achieves good clinical outcomes [2-5]. However,
39 we have experienced cases in which MOWHTO did not achieve the preoperatively
40 planned lower limb alignment, despite the surgical correction being performed as
41 preoperatively planned. The factors that affect the under- or overcorrection of
42 postoperative lower limb alignment are varus contracture (tightness of the medial
43 collateral ligament and looseness of the lateral collateral ligament), an inaccurate
44 preoperative plan, and inaccurate alignment evaluation intraoperatively [6-9,10-13]. To
45 obtain the preoperatively planned lower limb alignment after MOWHTO in patients
46 with varus contracture, it is important to consider the preoperative instability of the knee
47 soft tissue [9]. However, even with an accurate preoperative plan and procedure, there
48 are cases in which the postoperative lower limb alignment cannot be achieved as
49 planned.

50 In a varus osteoarthritic lower leg, the varus inclination of the talus and the valgus
51 inclination of the calcaneus is compensated for by the hindfoot [14]. MOWHTO
52 improves the hindfoot alignment along with the improvement of the knee alignment
53 [14-20]. Therefore, the improvement of the hindfoot alignment after MOWHTO was
54 presumed to be due to hindfoot mobility. Lee et al. [21] reported that the talar
55 inclination at 1 year after MOWHTO showed larger varus alignment in the
56 undercorrection group than in the acceptable correction group, which suggests an
57 association between the postoperative alignment of the lower limb and the hindfoot.
58 Previous studies have reported that a change in ankle joint alignment affects knee joint
59 alignment and function [19, 22, 23]. Therefore, we consider that the hindfoot alignment
60 would affect the lower limb alignment after MOWHTO.

61 In our institution, we have noted that the cases with a large ankle joint line orientation
62 relative to the ground (AJLO) were undercorrected after MOWHTO, despite accurate
63 preoperative planning, intraoperative evaluation, and performance of the procedure. We
64 hypothesized that the reason that the ideal hindfoot alignment was not obtained after
65 MOWHTO was due to abnormal hindfoot alignment, even though the tibia was
66 corrected as preoperatively planned. This suggests that hindfoot alignment affects
67 postoperative lower limb alignment.

68 The purpose of this study was to evaluate the relationship between hindfoot
69 alignment and lower limb alignment pre- and postoperatively, and to reveal whether
70 hindfoot alignment affects the lower limb alignment after MOWHTO. Our hypothesis
71 was that hindfoot alignment influences the postoperative MA in MOWHTO.

72

73 **Materials and methods**

74 This study was approved by our Institutional Review Board (approval no. U19-07-017),
75 and informed consent was obtained from all patients. This study was a retrospective,
76 nonrandomized, and sequential review study.

77 Our patient database was searched to identify patients who underwent MOWHTO
78 performed by three senior surgeons for medial osteoarthritis of the knee at our
79 institution between June 2017 and May 2020. The surgical indications for MOWHTO
80 were (1) primary degenerative osteoarthritis (not inflammatory arthritis), (2)
81 radiographic evidence of isolated medial compartment osteoarthritis (Kellgren-
82 Lawrence grade II–IV) in the knee, (3) concurrent varus deformity of the lower limb,
83 (4) failure of conservative treatments, (5) active patients who complied well with the
84 postoperative rehabilitation program. This search identified 83 knees in 81 patients. The
85 exclusion criteria were a lack of radiographs in the standing long-leg anteroposterior

86 view and hindfoot angle view [24] preoperatively and at 3 months postoperatively (22
87 knees in 20 patients), a history of lower extremity injuries (two knees in two patients),
88 ankle osteoarthritis (two knees in two patients) because the talar tilt may be affected by
89 ankle osteoarthritis, the mechanical medial proximal tibial angle (mMPTA) was not
90 reproduced as preoperatively planned (seven knees in seven patients), and postoperative
91 overcorrection of alignment (seven knees in seven patients). A total of 43 knees in 43
92 patients were eligible for analysis (Fig. 1). No patients were lost to follow-up. The
93 patient characteristics are summarized in Table 1.

94 **Surgical procedures and postoperative rehabilitation**

95 In preoperative planning, the target weightbearing line was the Fujisawa point (62.5%
96 of the tibial plateau from the medial edge) [1] on the standing long-leg anteroposterior
97 view radiograph. The correction angle was measured using Miniaci's method [25].
98 Additionally, the definitive correction was decided in accordance with Ogawa's method
99 [9]; if the joint line convergence angle (JLCA) under varus stress was ≥ 6 degrees, the
100 correction angle was reduced by 0.3 degrees per 1 degree of the JLCA, considering the
101 soft tissue correction.

102 Before osteotomy, arthroscopy was conducted to evaluate the cartilage and meniscus.
103 Microfracture or drilling was performed for degraded cartilage lesions (International

104 Cartilage Research Society grade ≥ 3) to trigger cartilage regeneration. Partial
105 meniscectomy or meniscal repair was performed for meniscal tears. Bi-planar
106 MOWHTO was performed. At this point, it was important to check that the
107 intraoperative mMPTA image before osteotomy was consistent with the mMPTA image
108 on the anteroposterior view of the standing long-leg radiograph that was used for
109 planning (Fig. 2a, 2b). The osteotomy site was opened using an opener until the
110 preoperatively planned mMPTA was reproduced; the mMPTA was checked using an
111 angle meter made of a permeable acrylic plate that reached from the knee to the ankle
112 (Fig. 2c). The gap between the most posteromedial cortexes was measured. β -tricalcium
113 phosphate particles with a porosity rate of 75% (Osferion[®], Olympus Terumo
114 Biomaterials, Tokyo, Japan) were inserted into the gap on the cancellous side. Two β -
115 tricalcium phosphate wedges with a porosity rate of 60% (Osferion60[®], Olympus
116 Terumo Biomaterials) were inserted into the gap on the cortex side. The medial
117 osteotomy site was rigidly fixed using a locking compression plate (Tris plate[®];
118 Olympus Terumo Biomaterials) after the pes anserinus was repaired.

119 Isometric quadriceps exercises, active ankle exercises, straight leg raises, and
120 continuous passive motion with no limitation were started on postoperative day 3.
121 Patients were allowed to begin 1/2 partial weightbearing exercise at 2 weeks

122 postoperatively, and were allowed to begin full weightbearing exercise at 4 weeks
123 postoperatively. Patients with microfracture were allowed to begin 1/2 partial
124 weightbearing exercise at 3 weeks postoperatively, and were allowed to begin full
125 weightbearing exercise at 5 weeks postoperatively.

126 **Radiographic measurements**

127 Radiographs were taken preoperatively and at 3 months after MOWHTO. The MA,
128 mMPTA, mechanical lateral distal femoral angle (mLDFA), mechanical lateral distal
129 tibial angle (mLDTA), talar tilt, JLCA, knee joint line obliquity relative to the ground
130 (KJLO; a negative value indicated valgus deviation of the proximal knee joint line [18])
131 and AJLO (a negative value indicated valgus deviation of the talus surface [18]) were
132 measured on anteroposterior weight-bearing whole-leg radiographs with the knee joint
133 in extension and the patella facing directly anterior. The hindfoot angle (normally
134 inclined 2–6 degrees [26, 27]) was measured on a hindfoot angle view radiograph [24]
135 (Fig. 3).

136 Some previous studies reported that MOWHTO resulted in a change in the hindfoot
137 angle due to compensation of the subtalar joint [15, 17, 19], although these studies did
138 not report which methods were used to directly evaluate the compensation of the
139 subtalar joint on radiographs. We defined the angle that the absolute value of the AJLO

140 added to the absolute value of the hindfoot angle as the hindfoot alignment angle, and
141 used this as an indicator of hindfoot alignment. We then indirectly evaluated the
142 compensation of the subtalar joint as the pre- versus post-MOWHTO difference in the
143 hindfoot alignment angle.

144 **Statistical analysis**

145 A paired *t* test was used to evaluate pre- and postoperative differences in all measured
146 parameters. Cases in which the weightbearing line passed between points at 57–67% of
147 the tibial plateau width were considered to have acceptable correction, while cases in
148 which the weightbearing line passed through a point medial to < 57% of the tibial
149 plateau width were considered to have undercorrection [28]. The Mann-Whitney U test
150 was used for comparisons of radiographic parameters between the undercorrection
151 group (U-group) and the acceptable correction group (A-group). Univariate regression
152 was performed under the assumption of a linear relationship between the independent
153 variables (preoperative radiographic parameters, age, sex, and BMI) and the dependent
154 variable of postoperative MA. Multivariate regression was then performed based on the
155 results of univariate regression. The estimated area, sensitivity, and specificity of the
156 receiver operating characteristic (ROC) curve were analyzed to determine the cut-off
157 value of each parameter based on the result of multivariate regression. Significance was

158 assumed for p values of less than 0.05. A post hoc test for the Mann-Whitney U test was
159 performed to determine whether the sample size provided sufficient statistical power to
160 detect significant factors. The post hoc power analysis showed that a sample size of 42
161 achieved a power of 80% and significance level of 5%, which verified the adequacy of
162 the present sample size. All radiographic parameters were measured independently by
163 two orthopedic surgeons. Reliability of the measurements was assessed by estimating
164 the intra- and interobserver reliability using the intraclass correlation coefficient (ICC).
165 The ICC were 0.81 to 1.00 (intraobserver variance) and 0.81 to 1.00 (interobserver
166 variance). Statistical analyses were performed using SPSS software (version 23.0, IBM
167 Corp., Armonk, NY, USA).

168

169 **Results**

170 The radiographic parameters are presented in Table 2. Compared with preoperative
171 values, there was a significant improvement in the mean postoperative MA ($p < 0.001$),
172 significant increase in the mean postoperative mMPTA and KJLO ($p < 0.001$), and
173 significant decrease in the mean postoperative JLCA ($p < 0.001$), postoperative AJLO
174 ($p < 0.001$), hindfoot angle ($p = 0.001$), and postoperative hindfoot alignment angle ($p <$
175 0.001).

176 There were 20 knees in the U-group and 23 knees in the A-group. Compared with the
177 A-group, the U-group had a significantly smaller mean preoperative MA ($p = 0.007$),
178 significantly larger mean preoperative mL DFA ($p = 0.003$), significantly smaller mean
179 preoperative hindfoot alignment angle ($p = 0.036$) and mean postoperative MA ($p <$
180 0.001), and significantly larger mean postoperative mL DFA ($p = 0.015$) and mean
181 postoperative hindfoot alignment angle ($p = 0.012$) (Table 3).

182 The combinations of the postoperative AJLO and hindfoot angle presented as six
183 patterns (Fig. 4). The most common combination was a varus inclined postoperative
184 AJLO and valgus inclined postoperative hindfoot angle ($n = 14$ knees). Six knees had a
185 postoperative valgus inclined AJLO and postoperative hindfoot angle, seven knees had
186 a varus inclined postoperative AJLO and normally inclined postoperative hindfoot
187 angle, seven knees had a valgus inclined postoperative AJLO and normally inclined
188 postoperative hindfoot angle, five knees had a varus inclined postoperative AJLO and
189 postoperative hindfoot angle, and four knees had a valgus inclined postoperative AJLO
190 and varus inclined postoperative hindfoot angle.

191 Univariate regression analysis showed that the factors potentially associated with the
192 postoperative MA were the preoperative mL DFA ($t = -3.579$, $p = 0.001$), talar tilt ($t = -$
193 2.516 , $p = 0.016$), AJLO ($t = -2.386$, $p = 0.022$), hindfoot angle ($t = -2.025$, $p = 0.049$),

194 and preoperative hindfoot alignment angle ($t = -3.002$, $p = 0.005$) (Table 4). Multiple
195 regression performed with these five parameters as dependent variables revealed that
196 the significant predictors of postoperative MA in MOWHTO were the preoperative
197 mL DFA ($\beta = -0.402$, $p = 0.005$) and preoperative hindfoot alignment angle ($\beta = -0.315$,
198 $p = 0.024$) (Table 5).

199 The ROC curve showed that the preoperative hindfoot alignment angle was a useful
200 parameter to determine a cut-off value at which the postoperative MA became
201 undercorrected after MOWHTO. The optimal cut-off value for the preoperative
202 hindfoot alignment angle was 15.9 degrees, with an area under the curve of 0.68,
203 sensitivity of 73.9%, and specificity of 65.0% (Fig. 5).

204

205 **Discussion**

206 The most important finding of the present study was that hindfoot alignment affects the
207 lower limb alignment after MOWHTO. In recent years, much attention has been paid to
208 the relationship between MOWHTO and the hindfoot alignment [16-18, 21]. Lee et al.
209 [18] reported that the varus inclined AJLO improved from 8.8 ± 3.2 degrees
210 preoperatively to 2.0 ± 3.9 degrees postoperatively. Another study reported that the
211 preoperative valgus inclination of the hindfoot angle was decreased by surgery [17]. In

212 the present study, the inclination of the AJLO and hindfoot angle was improved after
213 surgery, and the change in the hindfoot alignment was affected by the hindfoot mobility.
214 The present study is the first to propose the possible influence of hindfoot deformity on
215 knee deformity.

216 The pre- and postoperative AJLO and hindfoot angle did not significantly differ
217 between the two groups, although we had expected that the cases in which the pre- and
218 postoperative AJLO had a larger varus inclination and the hindfoot angle had a larger
219 valgus inclination would be undercorrected because of the abnormal hindfoot
220 alignment. There were six combinations of the postoperative AJLO and hindfoot angle
221 (Fig. 4). The 20 knees in the U-group had five combinations of the postoperative AJLO
222 and hindfoot angle; 10 knees (50%) had a varus inclined postoperative AJLO and
223 valgus inclined postoperative hindfoot angle, three knees (15%) had a valgus inclined
224 postoperative AJLO and postoperative hindfoot angle, three knees (15%) had a varus
225 inclined postoperative AJLO and normal postoperative hindfoot angle (2–6 degrees)
226 [26, 27], two knees (10%) had a varus inclined postoperative AJLO and postoperative
227 hindfoot angle, and two (10%) knees had a valgus inclined postoperative AJLO and
228 varus inclined postoperative hindfoot angle. No knees in the U-group had a valgus
229 inclined postoperative AJLO and normal postoperative hindfoot angle. The hindfoot

230 alignment becomes valgus to compensate for varus knee, while the hindfoot alignment
231 becomes varus to compensate for valgus knee [14]. However, there were no cases of
232 hindfoot compensation for valgus knee [29]. There were a variety of patterns of
233 hindfoot and knee alignments; it was not only difficult to predict the hindfoot mobility
234 from the preoperative hindfoot alignment, but also to predict the postoperative hindfoot
235 alignment. The difference in the hindfoot mobility in each case is probably the reason
236 for the variety of postoperative AJLO and hindfoot angle combinations, and the reason
237 that the AJLO and hindfoot angle did not differ between the two groups. In addition to
238 this, the talus is surrounded by the ankle joint and the subtalar joint. The subtalar joint
239 has a compensatory function in ankle malalignment [23], and the ankle joint and
240 subtalar joint have a reciprocal relationship. Therefore, when considering the hindfoot
241 alignment as an indicator of the hindfoot mobility, the AJLO and hindfoot angle should
242 be evaluated comprehensively rather than independently.

243 Both the pre- and postoperative hindfoot alignment angles were larger in the U-group
244 than the A-group because of the abnormal hindfoot alignment. The cases with a larger
245 preoperative hindfoot alignment angle would have had instability or contracture of the
246 subtalar joint because of the abnormal hindfoot mobility. These cases would not have
247 normal hindfoot mobility, and the ideal hindfoot alignment would not be obtained

248 postoperatively. In such an abnormal subtalar joint, the hindfoot mobility could not
249 compensate for the change of knee alignment in MOWHTO and led to undercorrection
250 of the lower leg alignment. Previous studies have reported that subtalar joint stiffness
251 reduced the compensation ability of the subtalar joint [16], and that the mobility of the
252 subtalar joint varied between individuals and determined the ability of the subtalar joint
253 to compensate for the change in the knee alignment [22, 30-32]. We considered that the
254 abnormal subtalar joint decreased the hindfoot mobility because of the contracture or
255 abnormal joint laxity. Originally, the hindfoot mobility was evaluated based on the
256 mobility of the subtalar joint. There is a need for the development of a new radiographic
257 method to evaluate the mobility of the subtalar joint.

258 The postoperative hindfoot alignment angle was significantly larger in the U-group
259 than the A-group. Although we feared that there would be remaining varus of the AJLO
260 or valgus of the hindfoot angle due to inadequate correction of the tibia, the
261 postoperative mMPPTA did not significantly differ between the two groups. In addition,
262 the postoperative mMPPTA showed no loss of tibial correction during a 3-month period.

263 Multiple regression analysis revealed that the preoperative hindfoot alignment angle
264 was a significant predictor of postoperative MA in MOWHTO. A cut-off value of the
265 preoperative hindfoot alignment angle of 15.9 degrees predicted undercorrection after

266 MOWHTO. Therefore, cases with a preoperative hindfoot alignment angle of ≥ 15.9
267 degrees would have abnormal hindfoot mobility. In such cases, the postoperative lower
268 limb alignment became undercorrected even if the tibia was corrected by the angle
269 calculated preoperatively. Choi et al. [17] reported that the change in the hindfoot angle
270 did not need to be considered when the knee correction angle was planned because the
271 valgus inclined hindfoot angle decreased after high tibial osteotomy. However, we
272 consider that the correction needs to be larger because the correction of only the tibia
273 would lead to undercorrection in patients with abnormal hindfoot alignment. Other
274 options in patients with abnormal hindfoot alignment are total knee arthroplasty or no
275 surgical osteotomy, considering the age and activity of the patient.

276 The mL DFA was significantly larger in the U-group than the A-group, and was a
277 significant predictor of postoperative MA. We consider that the U-group had a
278 significantly smaller preoperative MA and more progressed knee osteoarthritis
279 compared with the A-group. On standing full-length anteroposterior view radiographs,
280 the lower leg needed to be rotated more internally than usual when the patella was
281 forced to face forward. Thus, the mL DFA became larger because the lateral condyle of
282 the femur looked larger due to the internal rotation of the lower leg. In such cases, the
283 grade of varus looked lower than the original grade on standing full-length

284 anteroposterior view radiographs. Therefore, if the correction angle was planned
285 preoperatively as it was, the planned correction angle would be too small and lead to
286 undercorrection. For these reasons, the pre- and postoperative mL DFA were also
287 significantly larger in the U-group than the A-group.

288 The present study had some limitations. First, this study used two-dimensional
289 imaging (plain radiographs) to assess lower limb alignment, which is a three-
290 dimensional deformity. Second, we did not use radiography or other methods to directly
291 evaluate the subtalar joint and the subtalar joint mobility. Although the hindfoot
292 alignment angle was evaluated as an indicator of hindfoot mobility, different
293 radiographic conditions were used for the AJLO and the hindfoot angle. Therefore, we
294 need to develop a radiographic method to directly evaluate the subtalar joint and its
295 mobility or use weightbearing CT imaging, which provides more information about the
296 subtalar joint alignment [33, 34]. Third, the sample size was small. However, the
297 number of patients exceeded the minimum number of patients required for the post hoc
298 analysis to show a power of 0.8. Fourth, the surgeries were performed by multiple
299 operators, and multiple types of surgery (microfracture, drilling, meniscectomy, or
300 meniscal repairs) were performed within the same patient cohort. The differences in
301 postoperative rehabilitation protocols for these different surgical procedures may have

302 affected the results. Fifth, we could not investigate the overcorrection group because of
303 the small cohort. Therefore, there is a need for a large cohort study that includes an
304 overcorrection group. Sixth, this study was retrospective and only analyzed the short-
305 term results and follow-up outcomes. Lastly, future research should not only focus on
306 radiographic parameters, but clinical parameters as well in assessing the results of
307 surgery as well as patient reported outcomes.

308 **Conclusion**

309 Hindfoot alignment affects the postoperative lower limb alignment after MOWHTO.
310 The preoperative AJLO and hindfoot angle should be considered in the preoperative
311 evaluation before MOWHTO. Surgeons should consider changing the operative
312 procedure or adjusting the correction angle when the preoperative hindfoot alignment
313 angle is ≥ 15.9 degrees.

314

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425 **Figure legends**

426 **Fig. 1 Study flowchart**

427

428 **Fig. 2** The mMPTA was checked with an image intensifier during medial opening

429 wedge high tibial osteotomy

430 The mMPTA enlarged image on the standing long-leg radiograph that was used for

431 planning (a). The mMPTA used in preoperative planning was reproduced (b). The

432 postoperative mMPTA planned preoperatively was reproduced (c).

433 mMPTA, mechanical medial proximal tibial angle

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435 **Fig. 3** Radiographic parameters for the evaluation of the coronal alignment of the knee

436 and ankle joint on standing full-length anteroposterior view, and evaluation of the

437 hindfoot alignment angle on hindfoot alignment view

438 a) Mechanical axis; b) mechanical medial proximal tibial angle; c) mechanical lateral

439 distal femoral angle; d) mechanical lateral tibial angle; e) talar tilt; f) joint line

440 convergence angle; g) knee joint line obliquity relative to the ground (a negative value

441 was interpreted as valgus deviation of the proximal knee joint line); h) ankle joint line

442 orientation relative to the ground (a negative value was interpreted as valgus deviation

443 of the talus surface); i) hindfoot angle. The hindfoot angle was defined by Williamson et
444 al. [24] as the angle formed by the intersection between the tibial axis and the calcaneal
445 axis. The tibial axis was drawn by bisecting two pairs of points on the tibial shaft cortex
446 drawn 100 mm and 150 mm proximal to the tibial plafond. The calcaneal axis was
447 determined by bisecting two transversals between two lines adapted to the lateral and
448 medial osseous contours of the calcaneus

449

450 **Fig. 4** The combinations of the postoperative AJLO and hindfoot angle

451 AJLO, ankle joint line orientation relative to the ground

452

453 **Fig. 5** ROC curve analysis for the preoperative hindfoot alignment angle

454 A preoperative hindfoot alignment angle cut-off value of 15.9° (arrow) discriminates

455 undercorrection from acceptable correction

456 ROC, receiver operating characteristic; AUC, area under the curve

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458 **Table 1** Patients' demographic characteristics (n = 43)

Patient characteristics	
Age (years)	64.8 ± 9.1 (range 47–86)
Sex (male/female)	12/31
Body mass index (kg/m ²)	26.0 ± 3.1 (range 20.6–32.7)
Kellgren-Lawrence grade(I/II/III/IV)	0/11/26/6

459 Data are presented as mean ± standard deviation or number of patients unless otherwise

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473 **Table 2** Differences in mean radiographic parameters as determined by paired *t* test

Parameter	Pre-MOWHTO	Post-MOWHTO	Difference	P value
Mechanical axis (%)	18.3 ± 15.2	56.5 ± 9.3	-38.2 ± 12.5	< 0.001
mMPTA (°)	84.7 ± 2.6	92.5 ± 1.7	-7.8 ± 2.3	< 0.001
mLDFA (°)	88.0 ± 2.0	87.9 ± 1.8	0.1 ± 1.1	0.426
mLDTA (°)	91.3 ± 3.6	91.7 ± 3.8	-0.3 ± 2.7	0.425
Talar tilt (°)	0.8 ± 0.9	1.0 ± 0.9	-0.2 ± 1.0	0.185
JLCA (°)	3.6 ± 2.1	2.7 ± 1.8	0.9 ± 1.4	< 0.001
KJLO (°)	-1.0 ± 2.4	2.4 ± 2.2	-3.4 ± 2.1	< 0.001
AJLO (°)	6.2 ± 3.6	1.3 ± 4.5	4.9 ± 3.3	< 0.001
Hindfoot angle (°)	8.7 ± 4.9	6.2 ± 5.0	2.5 ± 4.0	0.001
Hindfoot alignment angle (°)	15.4 ± 6.4	10.5 ± 4.4	4.9 ± 5.3	< 0.001

474 MOWHTO, medial opening wedge high tibial osteotomy; mMPTA, mechanical medial

475 proximal tibial angle; mLDFA, mechanical lateral distal femoral angle; mLDTA,

476 mechanical lateral distal tibial angle; JLCA, joint line convergence angle; KJLO, knee

477 joint line orientation relative to the ground; AJLO, ankle joint line orientation relative to

478 the ground

479 Data are presented as the mean ± standard deviation

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485 **Table 3** Comparison of preoperative and 3-month postoperative radiographic

486 parameters between the U-group and A-group

	U-group n = 20	A-group n = 23	P value
Age (years)	67.2 ± 9.0	63.0 ± 8.9	0.136
Sex (male/female)	7/13	5/18	0.345
Body mass index (kg/m ²)	25.8 ± 3.1	26.0 ± 3.1	0.823
Kellgren-Lawrence grade (I/II/III/IV)	(0/4/11/5)	(0/7/15/1)	0.105
Preoperative			
MA (%)	11.8 ± 14.2	24.0 ± 14.0	0.007
mMPTA (°)	84.0 ± 2.9	85.2 ± 2.2	0.162
mLDFA (°)	88.9 ± 1.8	87.2 ± 1.8	0.003
mLDTA (°)	91.0 ± 4.5	91.6 ± 2.6	0.616
Talar tilt (°)	0.9 ± 1.1	0.7 ± 0.7	0.474
JLCA (°)	3.8 ± 2.1	3.5 ± 2.1	0.604
KJLO (°)	-0.7 ± 2.6	-1.3 ± 2.2	0.375
AJLO (°)	6.9 ± 4.2	5.6 ± 2.9	0.232
Hindfoot angle (°)	9.7 ± 5.7	7.7 ± 3.9	0.196
Hindfoot alignment angle (°)	17.6 ± 6.9	13.5 ± 5.4	0.036
Postoperative			
MA (%)	48.6 ± 7.4	63.4 ± 3.0	<0.001
mMPTA (°)	92.0 ± 1.9	92.9 ± 1.4	0.072
mLDFA (°)	88.6 ± 1.4	87.3 ± 2.0	0.015
mLDTA (°)	91.4 ± 4.4	91.9 ± 3.4	0.667
Talar tilt (°)	0.9 ± 0.9	1.0 ± 0.9	0.657
JLCA (°)	3.1 ± 2.1	2.5 ± 1.5	0.286
KJLO (°)	3.0 ± 2.3	1.8 ± 2.0	0.063
AJLO (°)	2.4 ± 4.3	0.3 ± 4.6	0.129
Hindfoot angle (°)	7.3 ± 5.9	5.2 ± 3.9	0.169
Hindfoot alignment angle (°)	12.3 ± 3.9	9.0 ± 4.3	0.012

487 A-group, patients with acceptable correction (postoperative MA 57–67%); U-group,
488 patients with undercorrection (postoperative MA < 56%); MA, mechanical axis;
489 mMPTA, mechanical medial proximal tibial angle; mLDFa, mechanical lateral distal
490 femoral angle; mLDTA, mechanical lateral distal tibial angle; JLCA, joint line
491 convergence angle; KJLO, knee joint line orientation relative to the ground; AJLO,
492 ankle joint line orientation relative to the ground

493 Data are presented as the mean \pm standard deviation

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504 **Table 4** Univariate regression to predict the postoperative MA from preoperative
 505 radiographic parameters

Postoperative MA (%)	T value	P value
Age	-1.953	0.058
Sex	1.614	0.114
Body mass index	0.648	0.521
Preoperative		
mMPTA (°)	1.814	0.077
mLDFA (°)	-3.579	0.001
mLDTA (°)	0.575	0.568
Talar tilt (°)	-2.516	0.016
JLCA (°)	-1.630	0.111
KJLO (°)	-1.797	0.080
AJLO (°)	-2.386	0.022
Hindfoot angle (°)	-2.025	0.049
Hindfoot alignment angle (°)	-3.002	0.005

506 MA, mechanical axis; mMPTA, mechanical medial proximal tibial angle; mLDFA,
 507 mechanical lateral distal femoral angle; mLDTA, mechanical lateral distal tibial angle;
 508 JLCA, joint line convergence angle; KJLO, knee joint line orientation relative to the
 509 ground; AJLO, ankle joint line orientation relative to the ground

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514 **Table 5** Multiple regression to predict the postoperative MA based on preoperative
 515 radiographic parameters

Postoperative MA (%)	Coefficient	Standard error	β	P value	95% CI
Preoperative					
mLDFA(°)	-4.88	0.629	-0.402	0.005	-3.152 to -0.608
Hindfoot alignment angle (°)	-4.25	0.195	-0.315	0.024	-0.851 to -0.062

516 MA, mechanical axis; mLDFA, mechanical lateral distal femoral angle; CI, confidence

517 interval

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519 Figure Legend

Fig1

Patients who underwent MOWHTO
(N = 83 knees in 81)



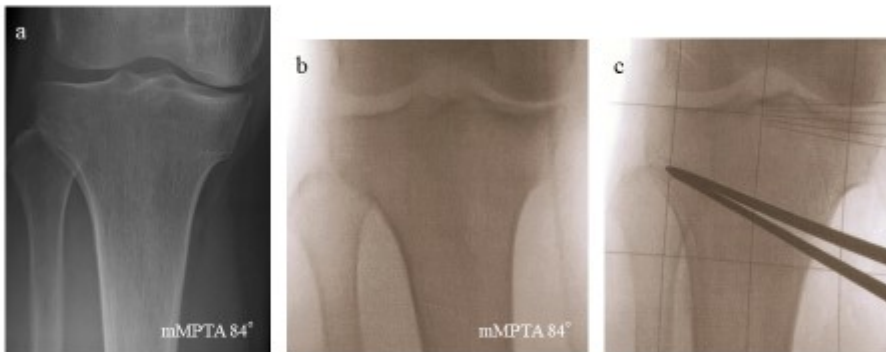
Excluded :

- A lack of radiographs (N = 22 knees in 20)
- History of lower extremity injuries(N = 2 knees in 2)
- Ankle osteoarthritis (N = 2 knees in 2)
- Postoperative mMPTA was not reproduced (N = 7 knees in 7)
- Postoperative overcorrection of alignment (N = 7 knees in 7)

Included Cohort
(N = 43 knees in 43)

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Fig2



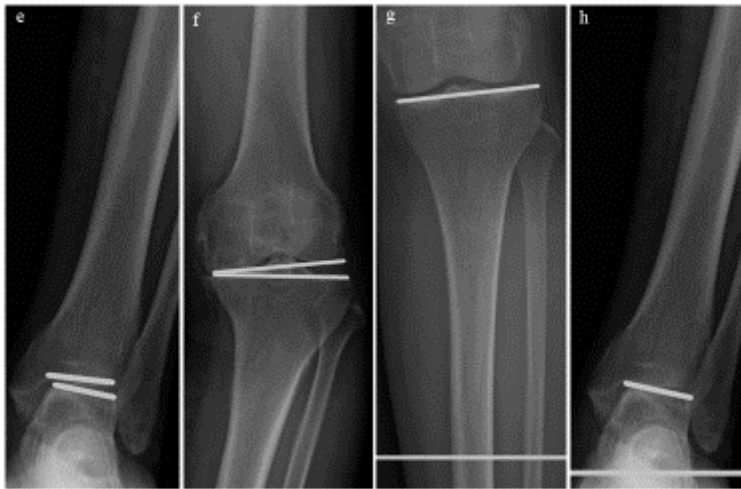
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Fig3



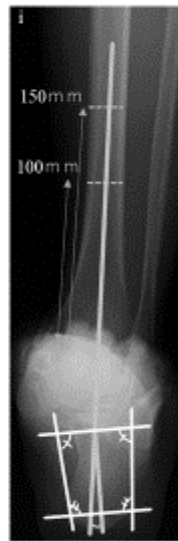
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Fig3



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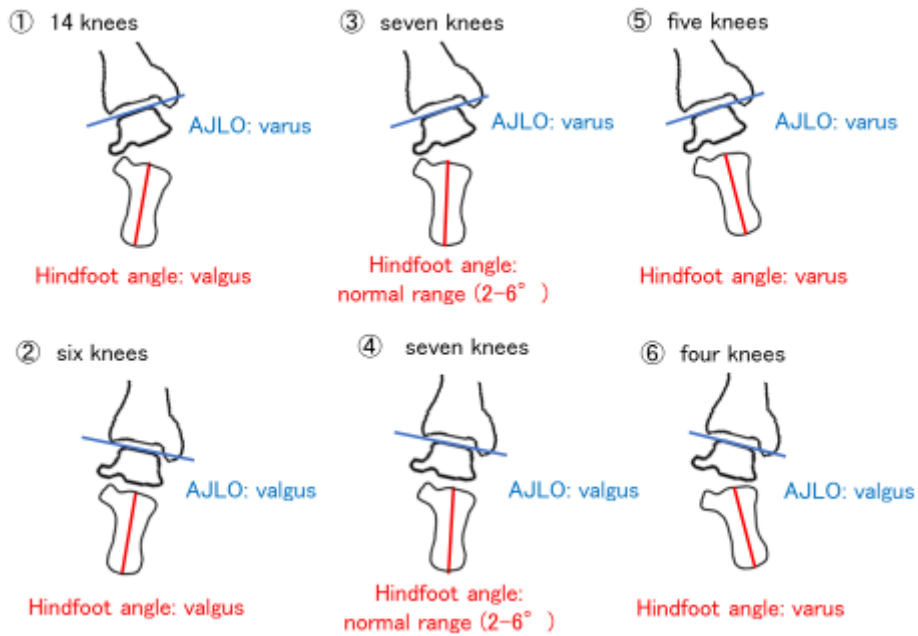
Fig3



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Fig4

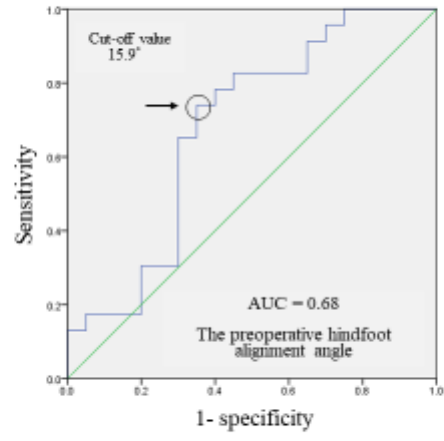


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Fig5



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