

Unilateral GPi-DBS Improves Ipsilateral and Axial Motor Symptoms in Parkinson's disease as evidenced by a brain perfusion SPECT study

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13 computed tomography (SPECT).

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16 **Abbreviations**

17 activity of daily living (ADL)

18 Butterworth filter (BW)

19 deep brain stimulation (DBS)

20 dopamine replacement therapy (DRT)

21 fine stereotaxic region of interest template (Fine SRT)

22 Frontal Assessment Battery (FAB)

23 Geriatric Depression Scale (GDS)

24 globus pallidus internus (GPi)

25 levodopa challenge test (LDCT)

26 levodopa equivalent dose (LED)

27 levodopa-carbidopa intestinal gel (LCIG)

28 Mini-Mental State Examination (MMSE)
29 Movement Disorder Society Unified Parkinson's Disease Rating Scale (MDS-UPDRS)
30 near-infrared spectroscopy (NIRS)
31 Parkinson's disease (PD)
32 patients with Parkinson's disease (PwPD)
33 pedunculopontine tegmental nucleus (PPN)
34 quality of life (QOL)
35 radioisotope (RI)
36 region of interest (ROI)
37 single photon emission computed tomography (SPECT)
38 subthalamic nucleus (STN)
39 subthalamic nucleus deep brain stimulation (STN-DBS)
40 United Kingdom Parkinson's Disease Society Brain Bank Clinical Diagnostic Criteria (UKBBC)

41 **Abstract**

42 **Introduction:** Deep brain stimulation (DBS) is an effective treatment for advanced Parkinson's
43 disease (PD) with the targeting bilateral subthalamic nucleus or globus pallidus internus (STN or
44 GPi-DBS). So far, detailed studies on the efficacy of unilateral STN-DBS for motor symptoms have
45 been reported, but few studies have been conducted on unilateral GPi-DBS.

46 **Materials and Methods:** Seventeen patients with Parkinson's disease (PwPD) who underwent
47 unilateral GPi-DBS were selected. We conducted comparison analyses between scores obtained 6–42
48 months pre- and postoperatively using the following measurement tools: the Movement Disorder
49 Society Unified Parkinson's Disease Rating Scale (MDS-UPDRS) part III, the Hoehn and Yahr
50 stage, the presence/absence of dyskinesia, Mini-Mental State Examination (MMSE), Frontal
51 Assessment Battery (FAB), Geriatric Depression Scale (GDS), levodopa equivalent dose (LED), and
52 cerebral blood flow by single photon emission computed tomography (SPECT). Patient backgrounds
53 were compared between four cohorts with favorable (good responders, $\geq 50\%$ improvement) and
54 unfavorable (poor responders, $< 50\%$ improvement) postoperative outcome.

55 **Results:** Significant improvement was observed postoperatively in the following: total MDS-UPDRS
56 Part III scores during the off period, contralateral scores, ipsilateral scores, and axial scores.
57 Similarly, the Hoehn and Yahr stages during the off period, and GDS also showed significant
58 decrease. In contrast, LED, MMSE, and FAB remained unchanged while the number of patients who
59 scored positive for dyskinesia decreased by 40%. Abnormal cerebral blood flow preoperatively seen
60 in the cerebral cortex had normalized in the total score-based good responder cohort. In the ipsilateral
61 score-based good responder cohort, cerebral blood flow increased in the contralateral frontal lobe

62 including in the premotor cortex, contralateral to the DBS. Compared to the poor responders,
63 postoperative good responders demonstrated significantly higher preoperative MMSE scores.

64 **Discussion:** Unilateral GPi-DBS therapy was effective in improving contralateral, ipsilateral, and
65 axial motor symptoms of patients with advanced PD; in particular, it was found to be especially
66 beneficial in PwPD whose cognitive function was unimpaired; the treatment efficacy rivaled that of
67 bilateral counterparts up till at least 6 months postoperatively. Finally, normalization of preoperative
68 abnormalities in cerebral blood flow and increased cerebral blood flow in the contralateral frontal
69 lobe indicated the beneficial potential of this therapy on ipsilateral motor symptoms.

70 **1 Introduction**

71 Parkinson's disease (PD) is a progressive neurodegenerative disorder characterized by both motor
72 and non-motor symptoms such as tremor, muscle rigidity, bradykinesia, and inability to retain a
73 suitable posture, in addition to dysosmia, dysautonomia, cognitive impairment, psychosis, and sleep
74 disturbance. The effectiveness of dopamine replacement therapy (DRT) at the early stage of PD has
75 been well documented; DRT in combination with a routine exercise regimen enables long-term
76 preservation of activity of daily living (ADL). Nevertheless, levodopa-induced motor complications,
77 such as wearing off or dyskinesia, eventually emerge as the disease progresses and necessitate a
78 dosage increase. Inevitably, ADL and quality of life (QOL) deteriorate as it becomes increasingly
79 harder for patients to move freely (Gökçal et al., 2017; Berganzo et al., 2016). Upon reaching this
80 stage, maintaining regular motor functions while controlling motor complications becomes an
81 insurmountable challenge for patients with Parkinson's disease (PwPD) even with the appropriate
82 prescription of drug therapy and a routine exercise regimen. Fortunately, device-assisted therapies
83 such as deep brain stimulation (DBS) and levodopa-carbidopa intestinal gel (LCIG) are available and
84 have been shown to be highly effective for a carefully selected group of PwPD who reached such a
85 plateau at advanced stages (Deep-Brain Stimulation for Parkinson's Disease Study Group et al.,
86 2001; Antonini et al., 2017).

87 By frequently stimulating two electrode targets implanted in the subthalamic nucleus (STN) and
88 the internal segment of the globus pallidus (GPi), advanced PD symptoms improve under DBS
89 therapy. Although differences in treatment effects do exist between STN and GPi, both therapies are
90 equally useful in reducing both core motor symptoms and motor complications (Deep-Brain
91 Stimulation for Parkinson's Disease Study Group et al., 2001). While bilateral STN and GPi-DBS

92 therapies have recently been established as standard treatment, there are also promising reports on the
93 effectiveness of unilateral DBS therapies (Okun et al., 2014; Chung et al., 2006; Walker et al., 2009;
94 Okun et al., 2009; Linazasoro et al., 2003; Germano et al., 2004; Zahodne et al., 2009; Kim et al.,
95 2009; Loher et al., 2002; Merello et al., 1999). A steadily accumulating body of evidence (Okun et
96 al., 2014; Chung et al., 2006; Walker et al., 2009; Okun et al., 2009; Linazasoro et al., 2003;
97 Germano et al., 2004; Zahodne et al., 2009; Kim et al., 2009; Loher et al., 2002; Merello et al., 1999;
98 Nakamura et al., 2007; Kumar et al., 1999) suggests that unilateral STN-DBS therapy improves
99 motor symptoms even in research that evaluated motor symptoms separately from the contralateral,
100 ipsilateral, and axial aspects (Chung et al., 2006; Walker et al., 2009; Nakamura et al., 2007; Kumar
101 et al., 1999; Hasegawa et al., 2020; Agostino et al., 2008; Tabbal et al., 2008). Moreover, unilateral
102 STN-DBS therapy is capable of improving ipsilateral symptoms in other movement disorders such as
103 essential tremor (Peng-Chen et al., 2013). Other noteworthy benefits of unilateral STN-DBS therapy
104 for PwPD include reducing dyskinesia, depression, and the levodopa equivalent dose (LED) (Chung
105 et al., 2006; Walker et al., 2009; Linazasoro et al., 2003; Kim et al., 2009) as well as improving ADL
106 and QOL (Okun et al., 2014; Chung et al., 2006; Walker et al., 2009; Linazasoro et al., 2003;
107 Zahodne et al., 2009; Kumar et al., 1999). While there is plenty of evidence in the literature that
108 supports the overall effectiveness of unilateral GPi-DBS on PD (Okun et al., 2014; Okun et al., 2009;
109 Zahodne et al., 2009; Loher et al., 2002; Merello et al., 1999; Nakamura et al., 2007; Rodrigues et al.,
110 2007; Vingerhoets et al., 1999), studies that examined the effect of unilateral GPi-DBS on motor
111 symptoms of PD in the contralateral, ipsilateral, and axial sides are scarce (Loher et al., 2002;
112 Merello et al., 1999). Thus, in order to clarify the effectiveness of unilateral GPi-DBS from a
113 different angle and identify suitable patient candidates, this study conducted a detailed comparative
114 analyses of the pre- and postoperative changes in motor and non-motor symptoms of PwPD who
115 underwent unilateral GPi-DBS.

116 **2 Materials and Methods**

117 This is a retrospective observational study conducted at a single institution, the Fukuoka University
118 Hospital. Of the database of 343 PwPD who visited our hospital during the period of December 1,
119 2014 to September 30, 2019, 17 patients, who received unilateral GPi-DBS stimulation to either right
120 or left side and who were available for a 6 month postoperative assessment, were selected (Figure 1).
121 All procedures were performed by a fellowship-trained functional neurosurgeon (T.M.), and the same
122 DBS system was used in all study subjects (model 3387 DBS lead and Activa SC pulse generator,

123 Medtronic, Minneapolis). Although our hospital is primarily focused on the staged GPi-DBS
124 approach (Samii et al., 2007), we selected patients who requested either a unilateral or a staged DBS
125 therapy when presented with the choice of bilateral, unilateral, or staged DBS therapy. These 17
126 patients all met the United Kingdom Parkinson's Disease Society Brain Bank Clinical Diagnostic
127 Criteria (UKBBC) and had been diagnosed with sporadic PD by a specialized neurologist (Hughes et
128 al., 1992). Furthermore, all patients were preoperatively suffering from motor complications that:
129 were difficult to control with a combined drug and exercise regimen; had shown >33% improvement
130 in a total score obtained in the Movement Disorder Society Unified Parkinson's Disease Rating Scale
131 Part III (MDS-UPDRS Part III) in response to the levodopa challenge test (LDCT) that compared
132 assessment during the off-stage and after taking levodopa; and were without prominent cognitive
133 impairment [Mini-Mental State Examination (MMSE) score <24] (Mishima et al, 2021). Concerning
134 the programming, we follow the basic programming concept (Volkman et al, 2002). Following
135 testing the threshold levels of stimulation-induced side effects and therapeutic windows of monopolar
136 stimulation at each contact, we usually select contact 1 or 2 as the active contact as the initial setting.
137 Patients were instructed to regularly visit the programming clinic once a month for the stimulation
138 adjustment performed by neurologists specializing movement disorders (Y.H., T.M., S.F., and Y.T.).
139 The stimulation intensity and pulse width were gradually increased or decreased, and bipolar setting
140 was selected when the intensity of monopolar stimulation reached the threshold level of side effects.

141 Measurements used for the assessment of motor and non-motor function respectively were as
142 follows: MDS-UPDRS Part III, Hoehn and Yahr stages, presence/absence of dyskinesia; MMSE,
143 Frontal Assessment Battery (FAB), and Geriatric Depression Scale (GDS). In addition, oral treatment
144 was assessed with the levodopa equivalent dose (LED) (Tomlinson, 2010). A comparison analysis
145 between pre- and approximately 6-month postoperative scores (mean, 6.6 ± 0.7 months; range, 6–7
146 months) was performed for each item. Both pre- and postoperative assessment with MDS-UPDRS
147 Part III was undertaken during the off state. The assessment was conducted not only with total MDS-
148 UPDRS Part III score, but also considered the ipsilateral and contralateral (total unilateral MDS-
149 UPDRS Part III score from the sub-item 20–26) and axial scores (Kotagal et al., 2014) (total MDS-
150 UPDRS Part III score from the sub-item 1, 9, 10, 12, 13) independently. In addition, two cohorts
151 (Table2) were created for comparison consisting of PwPD with favorable (good responder, total
152 MDS-UPDRS Part III score $\geq 50\%$) and unfavorable (poor responder, total MDS-UPDRS Part III
153 score <50%) postoperative outcome. Comparisons were made in the following item categories

154 obtained preoperatively: age, sex, disease duration, total MDS-UPDRS Part III score, Hoehn and
155 Yahr stage (each on/off period), MMSE, FAB, GDS, LED, and presence/absence of dyskinesia.

156 Changes in pre- and approximately 11-month postoperative distribution of cerebral blood flow
157 (mean, 11.1 ± 9.7 months; range, 6 months–3.5 years) were examined with ^{99m}Tc -ECD single photon
158 emission computed tomography (SPECT). SPECT data was missing from three patients (Case No. 4,
159 11, 17); therefore, the SPECT examination was based on available data from 14 patients. A SPECT
160 examination was performed with patients' eyes closed at resting state using a Technetium-99m ethyl
161 cysteinate dimer (^{99m}Tc -ECD) 600-900MBq. A triple-detector gamma camera system (GCA-9300R;
162 Cannon Medical Systems, Tokyo, Japan) was used for imaging. Data were collected during the
163 period 5–16 minutes after a radioisotope (RI) was administered under the following conditions: 120° ,
164 30 locations \times 3, 120 seconds, a main energy window (20% of 141KeV), a sub window ($<7\%$). A
165 high-resolution fan beam collimator was selected. SPECT images were corrected with 3D-OSEM
166 reconstruction using absorptive correction (+), scatter-correction (+), μ value 0.15, and the
167 Butterworth filter (BW); it was performed at order 4 (cut-off frequency, 0.13cy/pixel), repetition time
168 10, and adding frequency of 10 times. The image analysis software eZIS (Fujifilm RI Pharma.,
169 Tokyo, Japan) was used to conduct image statistical analysis; this could be performed on a personal
170 computer and was concordant with the patient SPECT image. Specifically, anatomically standardized
171 SPECT images were compared with the images stored in the database of a standard brain of the
172 corresponding age, for each patient's data. Z score for a region of interest (ROI) for each of 52
173 regions was determined with a fine stereotaxic region of interest template (Fine SRT) (Fuji Film,
174 Tokyo, Japan) (Figure 2) (Takeuchi, 2005). A total of four cohorts (Table 3A, 3B) were created
175 based on: (a) the total MDS-UPDRS Part III score, with favorable (good responder, $\geq 50\%$) and
176 unfavorable (poor responder, $<50\%$) postoperative outcome; (b) ipsilateral score, with favorable
177 (good responder, improvement rate $\geq 50\%$) and unfavorable (poor responder, improvement rate
178 $<50\%$) postoperative outcome (Antonini et al., 2003). A comparison was made between pre- and
179 postoperative Z scores for each item category. For all item categories, paired t-tests were used for
180 pre- and postoperative comparison and the Mann-Whitney test and the chi-square test were applied in
181 the comparative analysis of good versus poor postoperative responders. The threshold of statistical
182 significance was established at $p < 0.05$ with a two-sided testing procedure. This study was approved
183 by the Ethics Committee of the Fukuoka University Hospital (number, U20-04-001).

184 **3 Results**

185 Table 1 gives the background data of the 17 patients who participated in our study: male to female
186 sex ratio, 7:10; average age, 62.2 ± 5.8 years old; average disease duration, 11.2 ± 5.2 years, mean
187 preoperative LED 1033.7 ± 284.6 mg/day; average pre- and postoperative differences in Hoehn and
188 Yahr stages during off period, $4.1 \pm 0.2/2.8 \pm 0.8$. Only two patients met the EARLYSTIM criteria
189 (Schuepbach et al., 2013). No adverse events such as intra- and postoperative bleeding or infection
190 occurred during our study. All patients underwent CT postoperative day 9 to evaluate the electrode
191 position in the GPi, and a board-certified neurosurgeon (T.M.) confirmed that there was no lead
192 misplacement. Figure 3A and 3B show MDS-UPDRS Part III score, Hoehn and Yahr stage, MMSE,
193 FAB, GDS, and LED. Compared to preoperative data, significant postoperative improvement was
194 identified in the following item categories: total MDS-UPDRS Part III score, 50.2 ± 12.3 vs
195 25.5 ± 12.2 , improvement rate 50.7%, $p < 0.0001$; contralateral score, 15.0 ± 4.8 vs 7.4 ± 4.1 ,
196 improvement rate 48.1%, $p < 0.0001$; ipsilateral score, 14.4 ± 5.5 vs 7.1 ± 4.9 , improvement rate
197 50.6%, $p < 0.0001$; and axial score 10.5 ± 3.1 vs 4.9 ± 3.4 , improvement rate 53.6%, $p < 0.0001$. In all
198 cases, postoperative total MDS-UPDRS part III score during the off period improved compared to
199 preoperative (Supplement1). The Hoehn and Yahr stage for both on period ($p < 0.0001$) and off
200 period ($p < 0.04$) were significantly decreased postoperatively. Although not significant, the number
201 of patients with dyskinesia decreased from 15 (88.2%) to 9 (52.9%) after GPi-DBS therapy, while no
202 changes were detected in LED. Similarly, MMSE and FAB were unchanged whereas GDS (4.5 ± 2.6
203 vs 3.2 ± 2.1 , $p = 0.04$) showed improvement. The postoperative good responder cohort ($n = 9$,
204 including two patients who met the EARLYSTIM criteria) demonstrated significantly higher MMSE
205 scores (28.2 ± 0.8 vs 26.9 ± 1.5 , $p < 0.05$) compared to postoperative poor responder counterparts
206 even before undergoing GPi-DBS therapy (Table 2). No patient has displayed serious adverse events
207 at the 6-month postoperative period, to date. Pre- and postoperative Z scores for 14 patients who
208 experienced $^{99m}\text{Tc-ECD}$ SPECT are presented in Table 3A (Comparisons were made between good
209 and poor responders based on total MDS-UPDRS Part III score) and Table 3B (Comparisons were
210 made between good and poor responders based on ipsilateral score). Two noteworthy changes were
211 detected postoperatively. First, abnormalities in cerebral blood flow observed in the bilateral cerebral
212 cortex before GPi-DBS had normalized postoperatively in the total MDS-UPDRS Part III score good
213 responder cohort ($n = 8$, mean age 62.0 ± 3.2 years old, postoperative improvement rate
214 $69.2 \pm 14.5\%$). In contrast, the poor responder cohort ($n = 6$, 62.7 ± 4.3 years old $27.3 \pm 8.3\%$)
215 showed scores that further deviated from the normal value in the bilateral cerebral cortex
216 postoperatively (Table 3A). The second noticeable change was the significant postoperative increase

217 in blood flow in the contralateral frontal lobe of the ipsilateral good responder cohort ($n = 9$,
218 61.8 ± 3.2 years old, $74.0 \pm 13.9\%$). However, scores for the bilateral cerebral cortex showed greater
219 deviation from the normal value or baseline in the poor responder counterparts ($n = 5$, 63.0 ± 4.6
220 years old, $5.9 \pm 36.0\%$) after GPi-DBS therapy (Table 3B).

221 **4 Discussion**

222 At postoperative 6 months, motor symptoms of PwPD significantly improved in the axis and sides
223 contralateral or ipsilateral to the target area treated with DBS. Given the 50.7% improvement rates of
224 the total UPDRS part III scores obtained in this study, and the 24%–67% (postoperative 6 months)
225 (Kumar et al., 1999; Volkmann et al., 2009; Tanei et al., 2009; Mei et al., 2020; Schupbach et al.,
226 2005; Houeto et al., 2000; Molinuevo et al., 2000; Simuni et al., 2002; Thobois et al., 2002;
227 Volkmann et al., 2001; Deep-Brain Stimulation for Parkinson's Disease Study Group et al., 2001) or
228 38%–56% (postoperative 3–7 months) (Loher et al., 2002; Vingerhoets et al., 1999; Tanei et al.,
229 2009; Volkmann et al., 2001; Deep-Brain Stimulation for Parkinson's Disease Study Group et al.,
230 2001) improvement rates from the bilateral STN or GPi-DBS in previous studies, it is reasonable to
231 conclude that unilateral GPi-DBS therapy is equally as effective as bilateral DBS therapy.
232 Improvement rates in our study (50.7%) were similar to the rates obtained in other unilateral GPi-
233 DBS studies: 16.0%–48.5% (Okun et al., 2014; Okun et al., 2009; Zahodne et al., 2009; Loher et al.,
234 2002; Merello et al., 1999; Rodrigues et al., 2007; Vingerhoets et al., 1999). Contralateral scores also
235 improved in similar rates to other studies (28.8%–50.0%) (Loher et al., 2002; Merello et al., 1999) in
236 the current study (48.1%). On the other hand, while improvement rates (23%–24%) for the ipsilateral
237 scores did not reach significance in other studies (Loher et al., 2002), our improvement rate was
238 significant at 50.6%. There is only one study that previously showed a significant improvement in
239 ipsilateral scores in unilateral GPi-DBS therapy; it evaluated the improvement solely on fingertip
240 mobility (Nakamura et al., 2007). It is not clear what contributed to the remarkable improvement
241 rates of the ipsilateral scores in this study; however, one might be the difference in measurement
242 methods as MDS-UPDRS part III has not been used to assess motor symptoms of the ipsilateral side
243 before this study. Interestingly, an equally remarkable improvement to ipsilateral scores was
244 observed in the contralateral scores. Furthermore, improvement rate for axial score was notably high
245 (56.7%) and rivaled improvements in contralateral and ipsilateral scores. This warrants further study
246 since results concerning improvement rates for axial score after unilateral GPi-DBS therapy have
247 been inconsistent: while Loher (2002) reports a significant rate of improvement (41%), no

248 improvement was identified in two other studies (Merello et al., 1999; Rodrigues et al., 2007). The
249 current study assessed the significant differences between gait and postural stability scales of the
250 MDS-UPDRS Part III; and freezing, walking, and balance scales in the Part II section of the same
251 scale. The fact that we removed a total sum of item 1, 9, 10, 12, 13 (Takeuchi et al., 2005) in the
252 MDS-UPDRS Part III of the motor examination section and defined them as an “axial score” may
253 have contributed to the incomparably remarkable improvement in our study.

254 Studies (Loher et al., 2002; Merello et al., 1999; Volkmann et al., 2009) that assessed severity of
255 dyskinesia after bilateral or unilateral GPi-DBS therapy, with the Rush Dyskinesia Rating Scale and
256 the UPDRS part IV, have demonstrated a significant postoperative improvement. Although results
257 were not significant, the number of patients who scored positive for dyskinesia (or who reported the
258 presence of dyskinesia) during the on period decreased by 40%: from 15/17 preoperatively to 9/15
259 postoperatively. Caution must be exercised when interpreting this result; rather than the severity of
260 dyskinesia, this analysis only focused on the presence or absence of dyskinesia.

261 After the unilateral GPi-DBS therapy, PwPD showed reduced depression; however, no change
262 was detected in their cognitive function during the evaluation of non-motor symptoms. Consistent
263 with other unilateral GPi-DBS studies (Zahodne et al., 2009; Loher et al., 2002; Simuni et al., 2002),
264 this positive effect on depression found in the present study further increased confidence in GPi-
265 DBS’s ability to ease depression in PwPD. Compared to the poor responder counterparts, the good
266 responder cohort, who showed favorable outcomes in motor symptoms after unilateral GPi-DBS
267 therapy, scored significantly higher in MMSE, indicating a better cognitive function. Thus, it is
268 speculated that unilateral GPi-DBS is most effective for PwPD with preserved cognitive functions.
269 Furthermore, the fact that the two cases that met the EARLYSTIM criteria in this study belonged to
270 the good responder cohort, also suggests that the use of the unilateral GPi-DBS in the early stages of
271 PD can be especially beneficial. Nevertheless, the small sample size warrants caution and further
272 replication.

273 This study examined ^{99m}ECD-SPECT pre- and postoperatively and noted that abnormal
274 cerebral blood flow, preoperatively observed in the bilateral cortex, normalized after unilateral GPi-
275 DBS in PwPD who showed improvement in motor symptoms. In addition, cerebral blood flow
276 increased in the frontal lobe including in the premotor cortex contralateral to the side stimulated with
277 DBS. The majority of studies that investigated correlations to improvement in motor symptoms with
278 cerebral blood flow tomography or SPECT, concerned patients who underwent STN-DBS therapy. A

279 potential link between the increase in cerebral blood flow in the motor-related areas of the frontal
280 lobe (e.g., premotor cortex, pre-SMA, SMA, anterior cingulate) and reduced motor symptoms after
281 unilateral STN-DBS therapy has been suggested in ^{99m}Tc-ECD SPECT studies (Antonini et al., 2003;
282 Paschali et al., 2013; Sestini et al., 2005; Sestini et al., 2002). In addition, potential links between the
283 postoperative normalization of abnormal blood flow (Cilia et al., 2009) in the bilateral cerebral
284 cortex, nucleus basalis, or hypothalamic loop, and improvement in motor symptoms have been
285 documented in the literature (Antonini et al., 2003). Only a single assessment study (Tanei et al.,
286 2009) exists regarding the postoperative effect of unilateral STN-DBS; a significant vascular flow
287 increase within the bilateral cingulate gyrus and cerebellum was identified, whereas vascular flow
288 significantly decreased in both the bilateral medial frontal and superior temporal lobes. A significant
289 correlation has also been found in the literature (van Laere et al., 2000) concerning GPi-DBS and
290 ^{99m}ECD-SPECT between decreased vascular flow in the ipsilateral thalamus and corpus striatum in
291 relation to improvement in motor symptoms. However, comparison of the latter study to the current
292 study is not relevant since the lesion effect of inserting electrodes serves as a confounding factor.
293 Revitalized cortical activity was detected postoperatively in the motor-related areas of the frontal
294 lobe, including in the ipsilateral side, in a unilateral GPi-DBS study using near-infrared spectroscopy
295 (NIRS) (Morishita et al., 2016).

296 Insights are offered in the unilateral STN-DBS study, regarding the potential improvement
297 mechanism in the ipsilateral symptoms. Motor symptoms of the ipsilateral side may be positively
298 affected by the stimulation received by the ipsilateral pedunculopontine tegmental nucleus (PPN)
299 (Nakano, 2000) transmitted through the contralateral side of the brain; this takes place via input from
300 the ipsilateral supplementary motor area including the neuronal network of the cortex-basal ganglia-
301 thalamus loop to the bilateral basal ganglia (Chung et al., 2006; Tabbal et al., 2008; Parent and
302 Hazrati, 1995^a; Parent and Hazrati, 1995^b) and input from the bilateral GPi and substantia nigra
303 compacta into the bilateral thalamus and brain stem (Chung et al., 2006; Tabbal et al., 2008; Peng-
304 Chen et al., 2013; Parent and Hazrati, 1995^a; Parent and Hazrati, 1995^b; Levy et al., 1997). Based on
305 our findings that showed a significant increase in cerebral blood flow in the contralateral frontal lobe,
306 including in the premotor cortex, it is speculated that ipsilateral symptoms might be improved by
307 using unilateral GPi-DBS therapy that stimulates the area contralateral to the side being stimulated in
308 the cortex-basal ganglia-thalamus loop. The unilateral pyramidal tracts are involved in about 20% of
309 control in motor functions of the body axis on the ipsilateral side (Germano et al., 2004). Thus,
310 axial symptoms may be mitigated by improvement in blood flow of the unilateral premotor cortex

311 areas. Previous study indicates that a deterioration in blood flow is noticeable in the frontal cingulate
312 gyrus of PwPD who had dominant axial symptoms (Mito et al., 2006). Therefore, a significant
313 increase in blood flow in areas that affect motor symptoms after unilateral GPi-DBS therapy, such as
314 the frontal cingulate gyrus and frontal lobe areas including the premotor cortex, might contribute to
315 the improvement in axial symptoms.

316 **5 Limitations of the Study**

317 Despite being one of the few detailed studies on the effectiveness of unilateral GPi-DBS therapy, this
318 study has several limitations. Firstly, readers should be reminded that this was a retrospective
319 observational study based on data from a single institution and the period of observation only lasted
320 for 6 months with a small sample size of 17 patients. Secondly, this study attempted to offer insights
321 by comparing the analyses of patients who underwent unilateral GPi-DBS in the current study to
322 similar previous studies. Because it is impossible to fully control the conditions of studies that have
323 already been conducted, our interpretations may be confounded. Thirdly, the period when ^{99m}Tc-ECD
324 SPECT was performed postoperatively ranged widely; therefore, our assessment of cerebral blood
325 flow may have been affected by other factors, such as the rate of progression in PD. Finally, this
326 study examined the cerebral hemisphere ipsilateral or contralateral to the side where the DBS lead
327 was inserted, without any clear knowledge of which side should be prioritized for which symptoms.
328 In addition, this study did not evaluate the relationships between stimulation fields and the clinical
329 responses/SPECT findings. Further studies are warranted to address these limitations.

330 **6 Conclusion**

331 Regardless of these limitations, this 6-month postoperative assessment was valuable in that it
332 underscored the potential of unilateral GPi-DBS therapy, in improving both motor- and non-motor
333 symptoms including depression and in maintaining speech and cognitive function of PwPD, that does
334 not pale in comparison to bilateral GPi-DBS therapy. The unilateral GPS-DBS therapy performed on
335 PwPD, whose cognitive function remains unimpaired at relatively early stages of the disease,
336 demonstrated therapeutic benefit equivalent to that of the bilateral counterparts, at over 6 months
337 postoperatively. However, the results of this study constitute only a snapshot of information
338 regarding the effect of unilateral GPi-DBS therapy and warrant a further investigation into long-term
339 effects of the therapy and mechanisms responsible for mitigating various PD symptoms. Given the
340 fact that unilateral GPi-DBS is less invasive and requires less battery energy than bilateral

341 counterparts, the former could prove economically advantageous if it could systematically be shown
342 that its effects on debilitating PD symptoms are long-lasting.

343 **7 Data Availability Statement**

344 The datasets generated for this study are available on request to the corresponding author.

345 **8 Ethics Statement**

346 The studies involving human participants were reviewed and approved by University of Fukuoka
347 Institutional Review Board. Written informed consent for participation was not required for this
348 study in accordance with the national legislation and the institutional requirements.

349 **9 Conflict of Interest**

350 The authors declare that the research was conducted in the absence of any commercial or financial
351 relationships that could be construed as a potential conflict of interest.

352 **10 Author Contributions**

353 All authors contributed substantially to this study. Y.Tsuboi, T.Mishima, Y.Hayashi: conception and
354 design. Y.Tsuboi, T.Mishima, S.Nagamachi, Y.Hayashi: analysis and interpretation of data.
355 Y.Hayashi: drafting the manuscript. Y.Tsuboi, T.Mishima, S.Fujioka, T.Inoue, T.Morishita,
356 S.Nagamachi: revising it critically for important intellectual content. Y.Tsuboi: final approval of the
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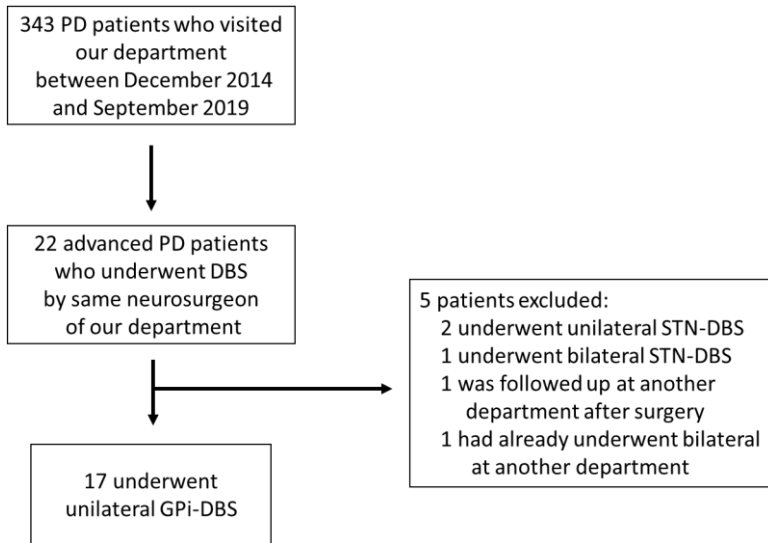
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524 Figure 1. Flow chart of the study.

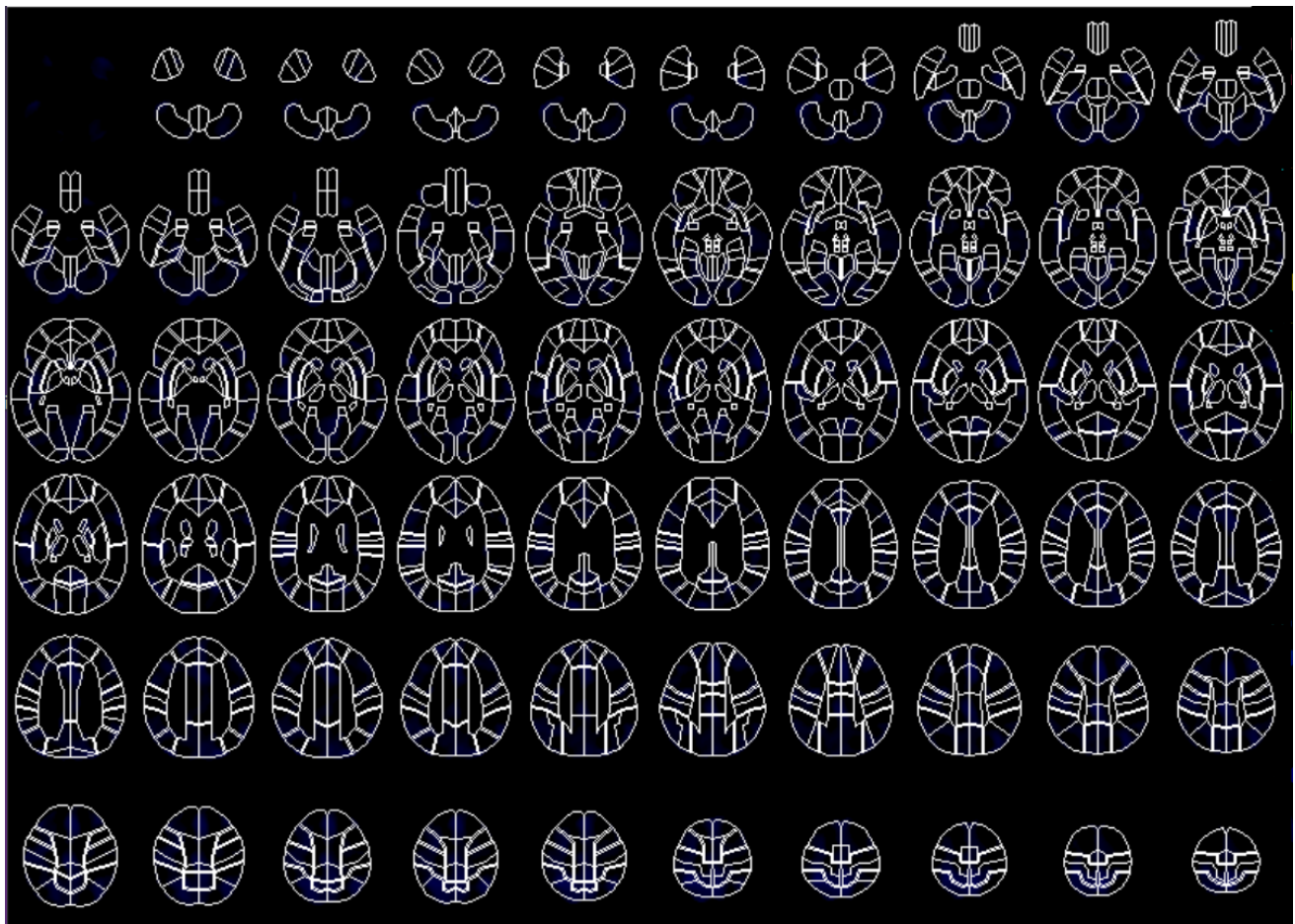


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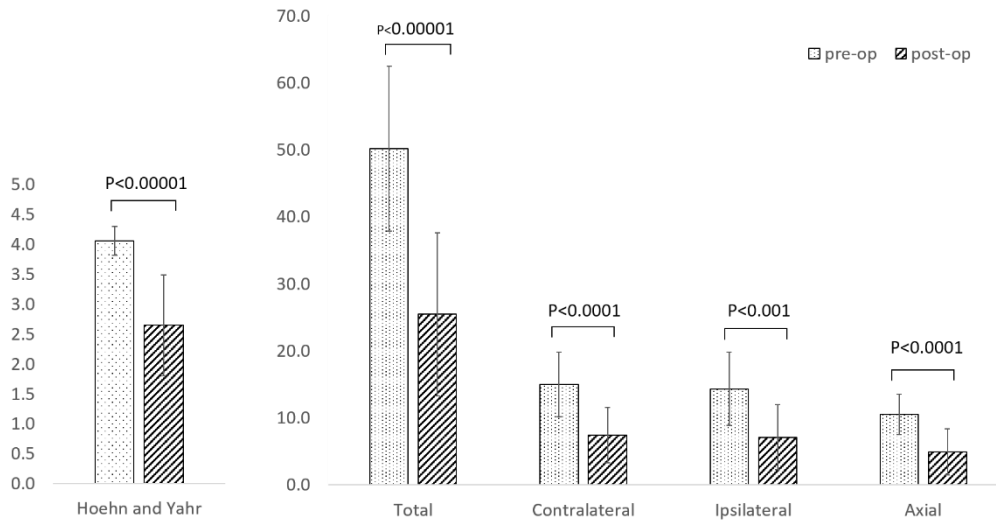
527 Figure2. Fine stereotactic region of interest (ROI) template (SRT) image composed of 52 areas of

528 ROI in Single Photon Emission Computed Tomography (SPECT) study.



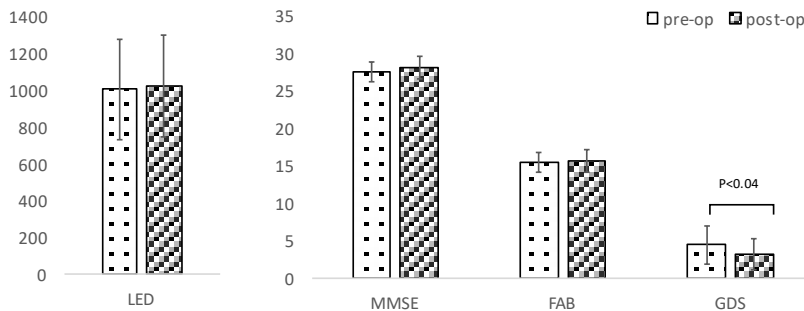
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530 Figure 3A. Comparison of Movement Disorder Society-Unified Parkinson's Disease Rating Scale
 531 (MDS-UPDRS) motor scores and Hoehn and Yahr stage between baseline and after unilateral deep
 532 brain stimulation of the globus pallidus internus (GPi-DBS).



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538 Figure 3B. Comparison of levodopa equivalent dose (LED), Mini-Mental State Examination
 539 (MMSE), Frontal Assessment Battery (FAB), Geriatric depression scale (GDS) between baseline and
 540 after unilateral deep brain stimulation of globus pallidus internus (GPi-DBS).



541

542 Table 1. Baseline characteristics of 17 patients with advanced Parkinson’s disease received unilateral
 543 deep brain stimulation of the globus pallidus internus (GPi-DBS).

Case No.	Age(yrs), SEX	Duration of PD Preop(yrs)	LED (mg)	Dyskinesia	Hoehn and Yahr stage Off/on	MDS-UPDRS partIII				MMSE	FAB	GDS
						Total	Contralateral	Ipsilateral	Axial			
1	58, M	5	1035	-	4/2	62	14	23	11	28	16	0
2	60, M	15	1483.7	+	4/2	56	13	17	12	28	17	0
3	67, F	10	1348	+	4/2	35	16	7	6	30	13	6
4	74, M	25	719.7	+	4/3	48	16	14	11	28	15	2
5	65, F	8	700	+	4/3	65	17	20	15	28	15	7
6	67, F	7	875	+	4/3	74	22	21	18	26	17	6
7	62, M	6	1098	+	4/2	64	21	17	14	29	15	4
8	66, F	19	1404.7	+	4/2	50	16	14	10	25	16	1
9	61, F	5	537.05	+	4/3	41	11	11	11	27	15	6
10	68, F	14	1098	+	4/3	62	14	23	11	30	15	5
11	65, M	12	1300	+	5/2	42	11	9	11	27	15	6
12	59, M	9	1100	-	4/3	37	14	9	8	28	15	3
13	54, M	11	925	+	4/3	41	15	13	5	26	17	3
14	65, F	5	1024.1	+	4/3	46	14	11	9	27	14	4
15	58, F	14	660	+	4/3	64	18	21	10	28	13	6
16	61, F	12	815	+	4/3	58	16	22	10	26	18	8
17	48, F	13	1449.95	+	4/3	30	8	5	8	28	17	9
Average ±SD	51.1±6.5 (M:F)7:10	11.2±5.2	1033.7±28 4.6	(+/-)15:2	4.1±0.2/ 2.65±0.5	50.2± 12.3	15.4±4.8	14.4±5.5	10.5 ±3.1	27.6 ±1.3	15.5 ±1.4	4.5 ±2.6

544

545 Table 2. Comparison of each item at baseline between good responders (changes of Movement
 546 Disorder Society-Unified Parkinson’s Disease Rating Scale (MDS-UPDRS) part III total score after
 547 surgery $\geq 50\%$) and poor responders ($<50\%$).

	Good responders(n=9)	Poor responders(n=8)	P
Age(yrs)	60.3±5.5	64.4±5.5	0.17
Sex(M:F)	4:5	3:5	0.77
Duration of PD(yrs)	9.9±3.9	12.6±6.1	0.61
LED(mg)	1072.0±363.8	990.6±300.5	0.54
Hoehn and Yahr stage			
off	4±0	4.1±0.3	0.67
on	2.7±0.5	2.6±0.5	0.89
MMSE	28.2±0.8	26.9±1.5	0.03
FAB	15.2±1.2	15.8±1.5	0.48
GDS	4.2±2.8	4.8±2.3	0.67
MDS-UPDRS partIII total score	54.0±12.4	48.6±11.6	0.37
Dyskinesia(+:-)	7:2	8:0	0.77

548

Unilateral GPi-DBS Reduces Motor Symptoms

549 Table 3A. Comparison of Z score between baseline and after unilateral deep brain stimulation of the
 550 globus pallidus internus (GPi-DBS) by brain perfusion Single Photon Emission Computed
 551 Tomography (SPECT). Patients were divided into good and poor responders in changes of
 552 Movement Disorder Society-Unified Parkinson's Disease Rating Scale (MDS-UPDRS) part III total
 553 scores after surgery.

Location*	Change in pre- and post-op CBF	Z score		P	Normalization in post-op CBF
		Pre-op	Post-op		
< Good responders >					
Ipsilateral TransverseTemporal	↓	-0.304	0.154	0.03	yes
Contralateral Premotor	↑	0.344	0.026	0.03	yes
Ipsilateral Cingulate	↓	0.229	0.475	0.04	not
Contralateral PrimaryAuditory**	↑	0.130	-0.049	0.04	yes
Contralateral InferiorParietal	↑	0.641	0.373	0.045	yes
< Poor responders >					
Ipsilateral Subcallosal	↑	-0.271	-0.842	0.01	not
Ipsilateral InferiorTemporal	↓	-0.069	0.305	0.01	not
Contralateral Fusiform	↑	0.023	0.123	0.01	not
Contralateral Orbital	↑	-0.106	0.497	0.02	not
Ipsilateral GlobusPallidus	↓	-0.212	0.426	0.02	not
Ipsilateral SubstantiaNigra	↓	-0.228	0.476	0.03	not
Ipsilateral AnteriorCingulate	↓	-0.194	-0.456	0.03	not
Contralateral ParacentralLobule	↑	0.117	-0.166	0.03	not
Ipsilateral Orbital	↑	-0.251	-0.608	0.03	not
Ipsilateral NucleusRuber	↓	0.021	0.575	0.03	not

555 *Only locations with significant changes in post-op CBF were extracted. **Primary Auditory overlaps anatomically with Frontal Lobes. ↑: increased
 556 CBF, ↓: decreased CBF

557

Unilateral GPi-DBS Reduces Motor Symptoms

558 Table 3B. Comparison of Z score between baseline and after unilateral deep brain stimulation of the
 559 globus pallidus internus (GPi-DBS) by brain perfusion Single Photon Emission Computed
 560 Tomography (SPECT). Patients were divided into good and poor responders based on changes in
 561 Movement Disorder Society-Unified Parkinson's Disease Rating Scale (MDS-UPDRS) part III
 562 ipsilateral sub scores after surgery.

Location *	Change in pre- and post-op CBF	Zscore		p	Normalization in post-op CBF
		Pre-op	Post-op		
< Good responders >					
Ipsilateral TransverseTemporal	↓	-0.271	0.185	0.02	yes
Contralateral Premotor	↑	0.303	-0.001	0.02	yes
Contralateral MedialFrontal	↑	-0.258	-0.482	0.02	not
Contralateral InferiorFrontal	↑	-0.236	-0.569	0.03	not
Contralateral Broca*	↑	-0.100	-0.443	0.03	not
Contralateral Wernicke*	↑	0.676	0.301	0.03	yes
Contralateral Orbital	↑	-0.597	-0.908	0.04	not
Contralateral MiddleFrontal	↑	-0.091	-0.400	0.04	not
Ipsilateral GlobusPallidus	↓	-0.476	0.318	0.04	yes
Ipsilateral Cingulate	↓	0.279	0.499	0.04	not
Contralateral PrimaryAuditory**	↑	0.138	-0.021	0.04	yes
Contralateral MiddleTemporal	↑	0.104	-0.249	0.045	not
< Poor responders >					
Ipsilateral Parahippocampal	↓	-0.370	0.747	0.002	not
Contralateral CaudateHead	↓	0.677	0.887	0.002	not
Ipsilateral NucleusRuber	↓	-0.151	0.532	0.01	not
Ipsilateral InferiorTemporal	↑	-0.079	-0.342	0.02	not
Ipsilateral GlobusPallidus	↓	-0.243	0.261	0.02	not
Contralateral Fusiform	↓	-0.016	0.164	0.04	not
Ipsilateral AnteriorCingulate	↓	-0.128	0.331	0.047	not

563 *These locations overlap anatomically with Frontal and Temporal Lobes. **Primary Auditory overlaps anatomically with Frontal Lobes. ↑: increased
 564 CBF, ↓: decreased CBF

565 Supplementary Table 1. Pre- and post-operative total Movement Disorder Society-Unified
 566 Parkinson's Disease Rating Scale (MDS-UPDRS) part III scores during the off period for each case
 567 are shown.

Case No.	Pre-op	Post-op	Improvement rate (%)
1	62	21	66.1
2	56	28	50.0
3	35	29	17.1
4	48	34	29.2
5	65	7	89.2
6	74	54	27.0
7	64	16	75.0
8	50	39	22.0
9	41	25	39.0
10	62	21	61.1
11	42	25	40.4
12	37	2	94.6
13	41	31	24.4
14	46	14	69.6
15	64	24	62.5
16	58	35	39.7
17	30	15	50.0

568