Clinical Utility of Highly Sensitive Measurement of the PIVKAin Anticoagulant Therapy Patients Treated with Warfarin

Hidehiko Iwahashi, Mitsue Iwahashi*, Michio Kimura, Ryuji Zaitsu, Tadashi Tashiro and Takashi Morita**

Department of Cardiovasucular Surgery and * Otsuka Clinic, Fukuoka, Japan and ** Department of Biochemistry, Meiji Phamaceutical University, Tokyo, Japan

Abstract : We studied the clinical utility of highly sensitive measurement of the PIVKA- in anticoagulant therapy in patients receiving warfarin. From May 1997 until January 1999, 131 patients were examined. Group A consisted of 29 patients who were not treated with warfarin. Group B consisted of 102 patients who were given a mean warfarin dose of 2.6 ± 1.1 mg/day. The mean PIVKA- levels were 25.5±5.5 (mAU/ml) in group A and 17472.0±8766.7 (mAU/mI) in group B. The PIVKA- levels in group A showed lower values than in group B and the difference was significant (p < 0.0001). In group B, the PIVKA- levels correlated with the prothrombin levels (r = -0.59, p < 0.0001). In addition, the PT-INR levels also correlated with the PIVKA- levels (r = 0.68, p < 0.0001), and the TT levels correlated with The PIVKAlevels (r = 0.69, p < 0.0001). The above findings showed PIVKA- levels to closely correlate with the prothrombin levels, PT-INR and TT. In the relatively narrow PT-INR range of 2.0 to 3.0, the PIVKA- concentration showed levels of 18383 to 32315 (mAU/ml), while the prothrombin concentration showed levels of 55.4 to 25.3 (μ g/ml) and the TT concentration showed of 20.7 to 6.7 (%). In conclusion, the measurement of high sensitivity PIVKA- is therefore considered to accurately reflect the coagulant system. These findings suggest that the measurement of highly sensitive measurement of the PIVKA- appears to be an effective monitoring method for patients on warfarin therapy.

Key words : Warfarin, Anticoagulant therapy, PIVKA, Prothrombin level, Carinactivase-1

Introduction

Liver microsomal vitaminK-dependent glutamyl r-carboxylase catalyzes the posttranslational conversion of glutamyl to r-carboxyglutamyl residues in intracellular precursors of a limited number of blood coagulation proteins. The reduced form of Vitamin K functions as a cofactor in this modification, which confers to vitamin K-dependent proteins the Ca²⁺ binding properties required to express their biologic activity.¹⁾ It has been shown that 90% of the vitamin K store in the liver consists of menaquinones.²⁾ In anticoagulant ther-

apy patients, descarboxylated forms of vitamin Kdependent proteins are observed in human plasma.

The plasma concentration of des-r-carboxy prothrombin is now considered to be a potential complementary diagnostic tool for anticoagulant therapy patients with warfarin. There is some evidence that this abnormal form of prothrombin found in the circulation originates from the liver in anticoagulant therapy patients with warfarin.

Warfarin, an oral anticoagulant drug, is thus considered to protect prothrombin from the r-carboxylase in the region. In addition, this decarboxy prothrombin, called PIVKA-, has no known biological activity.³⁾

7-45-1 Nanakuma Jonan-ku Fukuoka, 814-0180, Japan.

Correspondence to : Hidehiko Iwahashi, MD.PhD

Department of Cardiovascular surgery, Fukuoka University School of Medicine.

TEL: +81-92-801-1011 (business) FAX: +81-92-873-2411 (business) E-mail: iwahashi@fukuoka-u.ac.jp

Results of the highly sensitive measurement of the PIVKA- were compared with the prothrombin levels, the prothrombin time international normalized ratio (PT-INR) and the thrombotest (TT).

Material and methods

This study was conducted from May 1997 until January 1999. One hundred and thirty-one patients were examined. Blood samples were obtained from outpatients and in-hospital patients in Fukuoka University Hospital, who were divided into two groups. Group A consisted of 29 patients who were not treated with warfarin. They comprised 21 males and 8 females with a mean age of 66.4 ± 10.6 years (Table. 1). Group B was consisted with 102 patients who were given a mean warfarin dose of 2.6 ± 1.1 mg/day, and consisted of 47 males and 55 females with a mean age of 60.3 ± 10.5 years (Table. 2).

Blood sample

Three ml of blood were drawn in a vacuum tube with citric acid. The blood was centrifuged for 10 minutes at 3,000 revolutions per minute, and blood

Table 1.	Clinical	characteristics	of	the	patients	
without warfarin (group A)						

Total (cases)	29		
Mean age (years)	66.4 ± 10.6		
Gender	Male ; 21 : female ; 8		
CABG (cases)	29		

CABG ; Coronary artery bypass grafting

Table 2. Clinical characteristics of the patients with warfarin (group B)

Total (cases)	102	
Mean age (years)	60.3 ± 10.6	
Gender	Male ; 47 : female ; 55	
Dose of warfarin (mg/day)	2.6 ± 1.1	
MVR (cases)	47	
AVR (cases)	35	
DVR (cases)	16	
TVR (cases)	1	
CABG (cases)	1	
ASO (cases)	2	

MVR; mitral valve replacement, AVR; aortic valve replacement, DVR; double (mitral and aortic) valves replacement, CABG; coronary artery bypass grafting, ASO; arteriosclerosis obliterans

the plasma was thus collected.

Quantification of PIVKA-

The PIVKA- levels were all measured using an electrochemiluminescence immunoassay (ECLIA) (PICOLUMI8220; Eisai, Tokyo, Japan). The PIVKA- reagent used in this study was MU-3 (Eisai, Tokyo, Japan).

Quantification of the prothrombin level

In 1996, Yamada et al.⁴) reported carinactivase–1 (CA–1), Ca²⁺-dependent prothrombin activator, which allows us to determines the prothrombin levels. This activator was isolated from the venom of *Echis carinatus leucogaster* and activates the Gla-domain form of prothrombin.

Ten-µl aliquots of blood plasma (tenfold-diluted with 20 mM Tris-HCl, 140 mM NaCl, pH7.5 TBS containing 1 mg/ml bovine serum albumin (TBS /BSA)) were mixed with 80 µl of containing 3 mM CaCl₂, and 0.31 mM Boc-Val-Pro-Arg-pNA and incubated at 37 for an appropriate length of time (usually 5 minutes for routine assays). Next, 10 µl of 2.5 nM CA-1 were added. The amount of thrombin generated was quantified by measuring the initial velocity of p-nitroaniline liberation at 405 nm with a kinetic plate reader (MICROPLATE READER, BIO-RAD, Tokyo, Japan), with pure human prothrombin as the standard.

Quantification of PT-INR and TT

The PT and TT were all measured using the CA-5000 (Sysmex, Tokyo, Japan). The PT reagent used in this study was Thromborel-S (ISI: 1.08) (BEHRING). In addition, the TT reagent was Trombotest owren (NYCOMED).

Statistical analysis

A statistical analysis was performed using Mann –Whitney's U-test. Statistically significant differences were assumed at P < 0.05. The mean value was taken as the mean \pm standard deviation.

Results

The mean of PIVKA- levels were $25.5 \pm 5.5 (mAU/mI)$ in group A and $17472.0 \pm 8766.7 (mAU/mI)$ in group B. The PIVKA- levels in

group A showed a lower value than in group B and the difference was significant (p < 0.0001). The mean prothrombin levels were $113.5 \pm 19.3(\mu g/ml)$ in group A and $57.4 \pm 20.9(\mu g/ml)$ in group B. The prothrombin levels in group A were significantly higher than in group B (p < 0.0001). The PT values were significantly lower in group A than in group B, the TT values were significantly higher in group A than in group B (Table. 3).

We next examined that relationship between the PIVKA- levels and another coagulant test (prothrombin levels, PT-INR and TT) in Group B. The PIVKA- levels correlated with the prothrombin levels (y = -245.9x + 31581.5, r = -0.59, p < 0.0001)(Fig. 1). In addition, the PT-INR correlated with the PIVKA- levels (y = 13931.9x + 9480.6, r = 0.68, p < 0.0001)(Fig. 2), the TT corre-

lated with the PIVKA- levels (y = -507.4x + 28896.4, r = 0.69, p < 0.0001) (Fig. 3). Regarding the PIVKA- levels, the above findings showed that the PIVKA- levels correlated closely with the prothrombin levels, PT-INR and TT.

In this study, we prepared a chart with the PT-INR equivalents to the PIVKA- levels, the prothrombin levels and TT. An example of this chart is shown in Table 4.

It is said that the therapeutic range for PT-INR range from 2.0–3.0 in anticoagulant therapy with warfarin. In this study, in the relatively narrow range of PT-INR of 2.0 to 3.0, the PIVKA-showed of 18383 to 32315(mAU/mI), the prothrombin levels showed of 55.4 to 25.3 (μ g/mI) and TT showed of 20.7 to 6.7 (%).

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	Group A	Group B	P-Value	
	(n=29)	(n = 102)		
PIVKA-II (mAU/ml)	25.5 ± 5.5	17472.0 ± 8766.7	< 0.0001	
Prothrombin level (µg/ml)	113.5 ± 19.3	57.4 ± 20.9	< 0.0001	
PT-INR	1.0 ± 0.1	1.9 ± 0.4	< 0.0001	
TT(%)	123.6 ± 21.8	22.5 ± 12.0	< 0.0001	

Table 3. Comparison of the results of the two groups

<code>PIVKA-II</code> ; protein induced vitamin-K absence-II, <code>PT-INR</code> ; prothrombin time international normalized ratio, <code>TT</code> ; <code>Thrombotest</code>

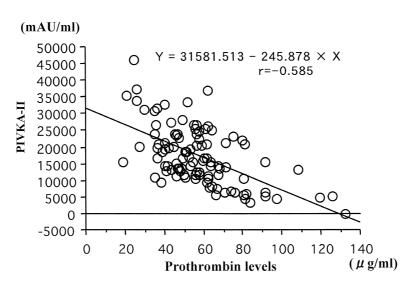


Fig. 1. The relationship between the PIVKA- levels and the prothrombin levels in group B. The PIVKA- levels correlated with the prothrombin levels (y = -245.9x + 31581.5, r = -0.59, p < 0.0001)

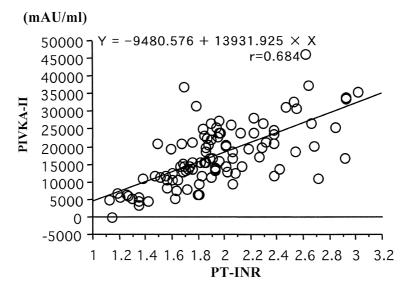


Fig. 2. The relationship between the PIVKA- levels and PT-INR in group B. The PT-INR correlated with the PIVKA- levels (y = 13931.9x + 9480.6, r = 0.68, p < 0.0001)

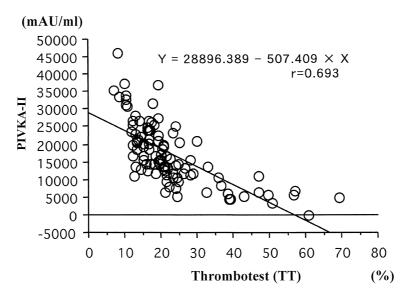


Fig. 3. The relationship between the PIVKA- levels and TT in group B. The TT correlated with the PIVKA- levels (y = -507.4x + 28896.4, r = 0.69, p < 0.0001)

Discussion

Table 4. Control area for antic with warfarin	coagulant therapy		
PT-INR	2.0-3.0		
TT(%)	20.3-6.7		
Prothrombin level (µm/ml)	55.4-25.3		
PIVKA- (mAU/ml)	18383-32315		

PT-INR ; prothrombin time international normalized ratio, TT ; Thrombotest, PIVKA- ; protein induced vitamin-K absenceWarfarin is widely used for anticoagulant therapy patients. Warfarin blocks the carboxylation system, thus preventing the formation of r-carboxyglutamic acid residues. For coagulant factor , , IX and , this decreases their capacity to bind with phospholipids for activation.⁵) Both the prothrombin time (PT) and TT have so far been used to monitor the therapeutic level of war-

farin. However, both hemorrhaging and thrombosis still often occur despite such careful monitoring.67) The PT examines coagulant factors , , , and fibrinogen. In addition, the TT and the Hepaplastin test (HPT) examine vitamin K-dependent coagulant factors and . The activity of coagulant factor ${\rm I\!X}$ can not be determined by these two measurements. Therefore, Xi reported that coagulation factors , IX and may have an effect on the prothrombinase activity when these concentrations are lower than 5%, 20% and 30%, respectively.8) Kornberg reported that the prothrombin concentrations more accurately reflect the antithrombotic effect of warfarin than the PT.⁹) Furie et al. has recently developed a new assay method to determine the prothrombin levels using a radioimmunoassay.^{10,11,1} However, this method is very time consuming and thus is not yet pratical for clinical use. In 1996, Yamada et al.⁴) reported the use of carinactivase-1 (CA-1), a Ca²⁺- dependent prothrombin activator, to determine the prothrombin levels. This activator was isolated from the venom of Echis carinatus leucogaster and activates a Gla-domain form of prothrombin. However, this method is also not pratical for clinical use. PIVKA- is an abnormal prothrombin. After starting anticoagulant therapy with warfarin, the prothrombin levelis considered to decrease while the PIVKAlevels are thought to increase. In this study, the PIVKA correlated with prothrombin levels, as well as the PT-INR and TT. The PT-INR ranged from 2.0 -3.0 and these levels are considered to correlate with the ranges of 18383-32315 (mAU/ml) for the PIVKAlevels and $55.4-25.3(\mu g/ml)$ for the prothrombin levels and 20.7-6.7 (%) for the TT. The measurement of high sensitivity PIVKA- is therefore considered to accurately reflect the state of the human coagulant system. This method is also easy to perform and thus is considered to be pratical for clinical use. Basis on these preliminary data, we consider the measurement of high sensitivity PIVKA- levels to be an effective monitoring method for patients on warfarin therapy.

Conclusions

We studied the clinical utility of measuring the

high sensitivity PIVKA- levels in anticoagulant therapy patients receiving warfarin. The PIVKA-

levels closely correlated with the prothrombin levels, the PT-INR and TT. The measurement of high sensitivity PIVKA- is therefore considered to accurately examine the human coagulant system. We therefore consider the highly sensitive measurement of the PIVKA- levels to be an effective monitoring method for patients receiving warfarin therapy.

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