Effect of Hydrophilic Additives on Mesophase Regions of Aqueous Nonionic Surfactant Mixture

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Abstract

The effect of hydrophilic additives on the L_a and H_1 phase regions in aqueous $C_{12}E_7$ mixture was investigated. The hydrophilic additives examined are sucrose, trehalose, sorbitol, glycerol, and urea. Sugars and glycerol shrink both mesophase regions toward lower temperature. The maximum temperatures of H₁ and L_{*a*} phase regions decrease monotonously with the increase in the additive concentration. On the other hand, urea expands H_1 region toward higher temperature, while its effect on L*α* phase is weak. A statistical thermodynamic model was proposed to describe the phase behavior of aqueous $C_{12}E_7$ mixture in the presence of these additives. According to this model, the additive effect is governed by the balance of the three interaction energies, i.e., surfactant-water, surfactant-additive, and water-additive interactions. This is quite simplified model; nevertheless, it seems that the response of the mesophase-to-liquid phase transition to the addition of hydrophilic non-ionic compounds can be well described at least as a first approximation.

Keywords: nonionic surfactants, aqueous phase behavior, additive effect, mesophase-to-liquid transition, statistical thermodynamic model, differential scanning calorimetry (DSC).

1. Introduction

It is well known that the aqueous mixture of amphiphilic compounds such as surfactants form a variety of mesophases depending on the composition and temperature [1, 2]. For instance, the temperature-composition $(T-X)$ phase diagram for aqueous mixture of heptaethylene glycol dodecyl ether $(C_{12}E_7)$, a typical nonionic surfactant, is shown in Fig. 1 [3]. As is demonstrated in this phase diagram, there appear three mesophases, lamellar (L_a) , hexagonal (H_1) , and bicontinuous cubic (V_1) phases. These mesophases formed in mixtures of amphiphiles and water are essentially lyotropic liquid crystalline in nature, and they have attracted great interests in their applications as a template to prepare the controlled-porosity ceramic materials [4-11] and as a carrier of drug delivery system [12-18].

It would be preferable for such applications if these mesophase regions in the phase diagram can be freely controlled. For polyoxyethylene (POE)-type nonionic surfactants, the mesophase regions in the T-X phase diagram can be controlled by adjusting the lengths of the hydrophilic POE chain and the hydrophobic alkyl chain [1, 2, 19-21]. Alternatively, the mesophase regions can be modified by additives. We have reported on the effect of inorganic salts on the mesophase regions of $C_{12}E_7/H_2O$ mixture [22]. The way of manifestation of the additive

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effect is expected to depend on the type of additives. In the present work, we planned to investigate the effect of hydrophilic small molecules on the mesophase regions in aqueous mixture of POE-type nonionic surfactant stressing their influence on L_a and H_1 phases. The system composed of $C_{12}E_7$ is suitable for this purpose, since the maximum temperatures of the two phases are comparable and in convenient temperature ranges under additivefree condition as shown in Fig. 1, which makes it easy to compare the additive effect on the two phases with each other. In this paper, we report the experimental results on the behavior of the maximum temperatures of mesophases in aqueous $C_{12}E_7$ mixture as a function of the concentration of hydrophilic additives, and also, propose a simple thermodynamic model to describe the additive effect on the mesophase regions.

Fig. 1 Temperature-composition phase diagram of binary mixture of $C_{12}E_7$ and H_2O [3].

2. Experimental

2.1. Materials

Heptaethylene glycol dodecyl ether $(C_{12}E_7)$ with a homogeneous chain length distribution was purchased from Nikko Chemicals (Tokyo, Japan) and used without further purification. The compounds used as hydrophilic additives are sucrose, trehalose, sorbitol, glycerol, and urea. The first three compounds are classified into sugar, and the forth one into polyol, and they exhibit high solubility in water due to the presence of several hydroxyl groups in the molecules. Urea is readily soluble in water because of its strong ability for hydrogen-bond formation. Guaranteed grade reagents of these five compounds were obtained from Wako Pure Chemicals (Tokyo, Japan) and used as received. Water was purified by deionization followed by distillation twice, and the purified water was used to prepare the additive solutions.

2.2. Methods

Differential scanning calorimetry (DSC) was used to determine the phase boundary between mesophase and liquid phase in the T-X phase diagram of aqueous $C_{12}E_7$ mixture in the presence of additives at various concentrations. The DSC measurements were carried out using a Seiko Denshi Model Exstar 6000 (Tokyo, Japan). The samples for DSC experiments were prepared by weighing the surfactant and the additive solution directly into an aluminum sample pan to give a desired composition. The amount of the sample was mostly in the range from 10 to 20 mg. The pan containing the mixture was sealed, and was held at about 70° C for 30 min in the oven of the DSC apparatus in order to facilitate the homogeneous mixing of the surfactants and additive solution. Then, cooling/heating cycles were repeated at least twice in the temperature range of approximately 30 to 70°C at the rate of 0.5°C/min for heating and 2 − 3°C/min for cooling. A good reproducibility was found for the DSC thermograms obtained by the repeated scan. The top temperature of the endothermic peak due to the mesophase-to-liquid phase transition in the DSC curve obtained by a heating scan was taken as a phase boundary between the mesophase and liquid phase.

3. Results and Discussion

3.1 DSC curves obtained for the mixtures of $C_{12}E_7$ and sucrose solution

Typical DSC curves observed for the mixtures of $C_{12}E_7$ and sucrose solution are shown in Fig. 2, which demonstrates the influence of sucrose on the mesophase-to-liquid phase transition temperature, or in other words, the stability of the mesophases formed in aqueous $C_{12}E_7$ mixture. Figure 2(a) corresponds to the DSC curves obtained with the mixtures containing water or sucrose solution at the amount of approximately 27 % by weight, and at this composition, the endothermic peaks are ascribed to the phase transition from a lamellar (L*α*) phase to a liquid phase (see Fig. 1). It can be seen that the L*α*-toliquid phase transition shifts toward lower temperature with the increase in the sucrose concentration, i.e., L*α* phase is destabilized by the addition of sucrose. Figure $2(b)$ is the results obtained with the mixtures containing approximately 50 wt% water or sucrose solution, and at this composition, the peaks in the DSC curves are attributed to the phase transition from a hexagonal (H_1) phase to a liquid phase (see Fig. 1). As can be seen in this figure, the H_1 -to-liquid phase transition temperature also decreases with the increase in the sucrose concentration, i.e., H_1 phase is also destabilized by the addition of sucrose.

Fig. 2 DSC curves obtained for the mixtures of $C_{12}E_7$ and sucrose solution. The amounts of sucrose solution added are around 27 wt% (a) and 50 wt%. (b). Top curves in both (a) and (b) are DSC curves for the mixtures of the surfactant and water. The concentration of sucrose solution mixed with $C_{12}E_7$ is indicated near each curve. The sample weight is normalized to 10.00 mg.

3.2 Phase boundaries around maximum temperatures of L_a phase and H_1 phase

Figure 3 shows the phase boundaries around the maximum temperatures of L*α* phase and H1 phase obtained for the mixtures of C_1E_7 and sucrose solution with different concentration. The temperatures corresponding to the phase boundaries were determined from the peak top temperatures in DSC curves. It can be seen that the addition of sucrose causes shrinkage of the mesophase regions toward lower temperature side for both L*α* and H1

phases, but the compositions corresponding to the maximum temperatures of the mesophase regions are kept rather constant at about 27 wt% for L*α* phase and at about 50 wt% for H_1 phase. For other additives, the mesophase regions shrunk toward lower temperature or expanded toward higher temperature depending on the additive species. However, the composition providing the maximum temperature of each mesophase region was kept almost constant regardless of the additive concentration and additive species. Thus, we focused our attention on the dependence of the maximum temperatures of mesophases on the additive concentration in order to estimate the effectiveness of each additive to affect the stability of the mesophases formed in aqueous C12E7 mixture.

Fig. 3 Phase boundaries around maximum temperatures of L_α phase and H₁ phase for the mixture of $C_{12}E_7$ and sucrose solution.

3.3 Variation of the maximum temperatures of L_q and H_1 phases with additive concentration

The results obtained for the concentration dependence of the maximum temperatures of mesophase regions are summarized in Fig. 4 for all additive species, where the concentration is expressed in terms of wt% of additives in the solution. Figs. $4(a)$ and $4(b)$ refer to L_a phase and H_1 phase, respectively, and the plots in these figures are peak top temperatures in DSC curves obtained with the mixtures containing each additive solution at the amount of approximately 27 wt% and 50 wt%, respectively.

It is seen in Fig. 4 that sugars, i.e., sucrose, trehalose, and sorbitol, decrease the maximum temperatures for

both L_a and H_1 phases, and the concentration dependence of the effect is similar to each other. Glycerol also decreases the maximum temperature of the two phases, but the effect is somewhat weaker than the case of sugars. Contrary to the cases of sugars and glycerol, urea increases the maximum temperature of H1 phase, while its effect on L*α* phase is rather weak.

As demonstrated in Fig. 4, the hydrophilic additives except for urea cause the shrinkage of the mesophase regions toward lower temperature side in aqueous $C_{12}E_7$ mixture. This means that the mesophses are destabilized by the presence of these additives. On the other hand, urea expands the H_1 region toward higher temperature side, while it

Fig. 4 Variation of the maximum temperatures of L*α* phase (a) and H_1 phase (b) regions with additive concentration. The correspondence of symbols to additive species is shown in the figure. The curves were calculated according to Eq. 1 using the w_{ij} values noted in the text.

brings about no significant effect on L*α* region. This means that H1 phase is stabilized, but L*α* phase is unaffected by the presence of urea. Such an influence of additives on the stability of mesophases must be governed by the difference in the interaction energies among surfactant, water, and additive molecules between mesophase and liquid phase, which should determine the free energy difference between the two phases. Here, we try to interpret the experimentally observed additive effect in terms of a statistical thermodynamic model taking into account the interaction among the three species, surfactant, water, and additive molecules.

3.4 Statistical thermodynamic model of mesophase-to-liquid phase trnansition

Basic idea of the present treatment is as follows. At the maximum temperature of a mesophase, the mesophase and a liquid phase coexist in equilibrium, and the two phases have the same composition, because the maximum temperature corresponds to an azeotropic-like point. According to the condition of phase equilibrium, the free energies of the two phases must be equal to each other. The free energies of the two phases should be determined by the interaction among surfactant, water, and additive molecules in each phase, and hence, should depend on the composition of the mixture. Thus, an expression for the transition temperature as a function of composition may be obtained from this relation. Then, the problem is to find the expression of the free energies of the two phases. We adopted a lattice model to describe the system, and applied the statistical thermodynamic method to obtain the expression of the free energies following the procedure described by Suezaki et al. [23], and have obtained the following approximate equation which expresses the maximum temperature of mesophase region, T_t , as a function of additive concentration (for detail of the derivation of this equation, see Appendix).

$$
T_t = \frac{\Delta h_0 + f_1(x) w_{12} + f_2(x) w_{13} + f_3(x) w_{23}}{\Delta s_0}
$$
 [1]

where Δh_0 and Δs_0 are the enthalpy and entropy changes associated with the mesophase-to-liquid phase transition for additive-free system, w_{ij} represents the interaction energy parameter between the lattice occupied by i species and that by j species being defined by

$$
w_{ij} = N \left(u_{ij} - \frac{u_{ii} + u_{jj}}{2} \right)
$$
 [2]

in which u_{ij} is the pair interaction energies for i-j lattice pairs and N is the coordination number, i.e., the number of nearest neighbor lattice, and the subscripts 1, 2, and 3 in Eq. 1 refer to surfactant, water, and additive, respectively. A positive w means that the contact of different species is energetically unfavorable compared with

those of the same species, and in this case, the mixing of the two species increases the free energy of the system. On the other hand, a negative w corresponds to the case where the contact of different species is energetically favorable, and hence, their mixing decreases the free energy. Finally, $f_i(x)$ s in Eq. 1 are functions of the volume fraction of the additive in its aqueous solution, x , defined by

$$
f_1(x) = -\phi_1 \left(1 - \phi_1\right) \left\{1 + \left(1 - \phi_1\right) \left(1 - x\right)\right\} x \tag{3}
$$

$$
f_2(x) = \phi_1 \left(1 - \phi_1 \right) \left\{ \phi_1 + \left(1 - \phi_1 \right) x \right\} x \tag{4}
$$

$$
f_3(x) = -(1 - \phi_1)\left\{1 - (1 - \phi_1)^2\right\}x(1 - x)
$$

where ϕ_1 is the volume fraction of surfactant in the mixture.

3.5 Comparison of a model calculation with experimental results

Equation 1 describes the behavior of maximum temperature of mesophase region with respect to the additive concentration. Many parameters are included in this equation, and some of their values are known, but others are unknown. Thus, we have to adopt appropriate assumptions and approximations. The values of the maximum temperature of a mesophase and the heat of mesophase-to-liquid transition in the absence of additive, T_0 and Δh_0 can be obtained from the DSC experiment for the additive-free system, and hence, Δs_0 can be estimated according to the following relation.

$$
\Delta s_0 = \frac{\Delta h_0}{T_0}
$$

The values determined for aqueous $C_{12}E_7$ system are

 $\Delta h_0 = 143$ J/mol of lattice (L_{*a*} phase) and 393 J/mol of lattice (H₁ phase)

 $\Delta s_0 = 0.44$ J/K·mol of lattice (L_a phase) and 1.22 J/K·mol of lattice (H₁ phase)

The volume fraction was approximated by the weight fraction, i.e.,

 ϕ_1 = 0.73 for L_{*a*} phase and ϕ_1 = 0.50 for H₁ phase

The values of w are unknown, but we can infer their signs. That is, the surfactant-water interaction, w_{12} , must be positive since surfactants tend to separate to form molecular aggregates in aqueous medium, and the surfactantadditive interaction, w_{13} , must be also positive for hydrophilic additives. On the other hand, the water-additive interaction, w_{23} , must be zero or negative since the hydrophilic additives mix freely with water.

The solid lines in Fig. 4 were calculated from Eq. 1 using the following parameter values, $w_{12} = 800$ J/mol, w_{13} $= 500$ J/mol, and $w_{23} = -400$ J/mol; the curves reproduce rather well the behavior of maximum temperatures in the presence of sugars for both L*α* and H1 phases. The effect of glycerol on the maximum temperatures of L*α* and H_1 regions is well reproduced by the dashed lines in Fig. 4, which was calculated by the use of parameter values, $w_{12} = 800$ J/mol, $w_{13} = 300$ J/mol, $w_{23} = -600$ J/mol. It should be noted that the behavior of calculated curve is determined by a combination of the three w_{ii} parameters, and different combinations provide rather similar curves. For example, a curve similar to solid line was obtained by using $w_{12} = 600$ or 1000 J/mol with appropriately adjusted values of w_{13} and w_{23} , whereas, for w_{12} smaller than 600 or larger than 1000 J/mol, the reproducibility became poor. Thus, the reliability of these interaction energy parameter values may be estimated to be within 200 J/mol.

The effect of urea on the maximum temperatures of H_1 phase and L_a phases can not be reproduced simultaneously by any combination of w parameters. The situation for urea must be different from sugars and glycerol. The urea effect may be explained by considering the modification of the critical packing parameter of the surfactant molecule caused by the binding of the additive molecule to the surfactant head group. It is likely that urea binds to the POE chain of the surfactant, because urea is a strong hydrogen-bond donor. The urea binding would result in the increase in the effective head group size. This is in favor of H_1 phase formation, while is in disfavor of L_a phase formation. Or in other words, this lowers the free energy of H_1 phase, while elevates the

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free energy of L_a phase. Then, the value of Δh_0 itself would become different from the case where no direct interaction takes place between surfactant and additive molecules in mesophases. This effect caused by urea binding would be proportional to the additive concentration, and hence, Δh_0 would be modified to include an additional term, i.e.,

$$
\Delta h_0 + (1-\phi_1)x \cdot K \Delta h_{\text{sat}}
$$

where K is a kind of binding constant of urea to the surfactant POE chain and Δh_{sat} is the correction needed for the heat of transition when the POE chains are saturated by urea binding. This additional term is positive for the case of stabilization, that is H_1 phase, while is negative for destabilization, that is, L_a phase. Taking into account the possible effect of urea on the critical packing parameter, the dotted lines in Fig. 4 were calculated by the use of the following parameter values; $w_{12} = 800$ J/mol, $w_{13} = 700$ J/mol, $w_{23} = -500$ J/mol, $K \Delta k_{\text{sat}} = -50$ J/mol (L_a) and $K \Delta h_{\text{sat}} = 140 \text{ J/mol (H}_1)$. The calculated curves describe well the variations of maximum temperatures of L*α* and H1 regions as a function of urea concentration.

4. Summary

In the present work, we investigated the effect of hydrophilic additives on the L_a and H₁ phase regions in aqueous $C_{12}E_7$ mixture. It was found experimentally that sugars and glycerol shrink both mesophase regions toward lower temperature. The maximum temperatures of L_a and $H₁$ regions decrease monotonously with the increase in the additive concentration. On the other hand, urea expands H_1 region toward higher temperature, while its effect on L_a phase is weak. A statistical thermodynamic model was proposed to describe the phase behavior of aqueous $C_{12}E_7$ mixture in the presence of these additives. This model treats the mesophase as being composed of the surfactant molecular assemblies and intervening additive solution, while the liquid phase as a mixture of the three components, i.e., surfactant, water, and additive molecules. The free energies of each phase are evaluated as a function of temperature and additive concentration assuming that the mixtures are regular solution. At the phase transition temperature, the free energies should be equal to each other, from which the relation expressing the transition temperature as a function of the additive concentration is derived. According to this expression, the additive effect is governed by the balance of the three regular solution parameters, i.e., surfactant-water, surfactant-additive, and water-additive interaction energies. This model might be too simplified, nevertheless, it seems that the response of the mesophase-to-liquid phase transition to the addition of hydrophilic non-ionic compounds can be described rather well, at least, as a first approximation.

Appendix

Statistical thermodynamic model for mesophase-to-liquid phase transition

We describe the system using a lattice model, and make an assumption that a lattice is occupied by a single surfactant molecule, or by several water molecules, or by several additive molecules. This assumption was introduced to take into account the difference in molecular size among the three species, and this means that those water molecules and additive molecules behave altogether as a unit. This assumption looks far from a real situation. However, in order to simplify the treatment, we adopt this assumption. At first, we consider the nonadditive system.

Non-additive system

In this case, we regard a mesophase as being composed of the surfactant molecular assemblies and intervening water among them as is shown schematically in Fig. A1(a). On the other hand, a liquid phase is regarded as a mixture of the lattices occupied by surfactant and by water $(Fig, A1(b))$, and we assume that the mixture is a regular solution. Let the numbers of the lattices occupied by surfactant and by water be n_1 and n_2 , respectively, and let the volume of the lattice be V.

lattice occupied by surfactant (\bigcup), water (\bigcirc), and hydrophilic additive (\bigcirc)

Fig. A1 Schematic representation of mesophase (a) and liquid phase (b) for additive free system, and of mesophase (c) and liquid phase (d) for the system with hydrophilic additives.

According to the above conditions, the partition function for mesophase is written as

$$
Z_m = Z_{sm} \cdot Z_{wm} \tag{A1}
$$

where Z_{sm} and Z_{wm} are partition functions of surfactant and water in mesophase, respectively, and are given by

$$
Z_{sm} = [n_1 V \exp\{-\left(h_{sm} - Ts_{sm}\right) / kT\}]^{n_1} / n_1!
$$
\n[A2]

$$
Z_{wm} = [n_2 V \exp\{-\left(h_{wm} - Ts_{wm}\right) / kT\}]^{n_2} / n_2!
$$
\n[A3]

where h_{sm} and s_{sm} , and h_{wm} and s_{wm} , are the enthalpy and entropy of surfactant and water molecules in a mesophase, respectively, and k is the Boltzmann constant. Then, the free energy of mesophase is expressed as

$$
F_m = -kT \ln Z_m = -kT \ln Z_{sm} - kT \ln Z_{wm} = F_{sm} + F_{wm}
$$
\n[A4]

where F_{sm} and F_{wm} are given by

$$
F_{sm} = -kT \ln Z_{sm} = -n_1 kT \ln eV + n_1 (h_{sm} - Ts_{sm})
$$
\n
$$
[A5]
$$

$$
F_{wm} = -kT \ln Z_{wm} = -n_2 kT \ln eV + n_2 (h_{wm} - Ts_{wm})
$$
\n[A6]

The partition function for liquid phase is written as

$$
Z_l = Z_{sl} \cdot Z_{wl} \tag{A7}
$$

where Z_{s} and Z_{w} are partition functions of surfactant and water in liquid phase, respectively, and are given by

$$
Z_{sl} = \left[(n_1 + n_2) V \exp\left\{ - \left(h_{sl} - T s_{sl} + \frac{n_1 n_2}{(n_1 + n_2)^2} w_{12} \right) / kT \right\} \right]^{n_1} / n_1!
$$
\n[A8]

$$
Z_{wl} = \left[(n_1 + n_2) V \exp\left\{ - \left(h_{wl} - Ts_{wl} + \frac{n_1 n_2}{(n_1 + n_2)^2} w_{12} \right) / kT \right\} \right]^{1/2} / n_2!
$$
\n[A9]

In the above equations, h_{sl} and s_{sl} , and h_{wl} and s_{wl} , are the enthalpy and entropy of surfactant and water molecules in a liquid phase, respectively, and w_{12} is the interaction energy parameter between surfactant and water

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molecules, which is defined by

$$
w_{12} = N \left(u_{12} - \frac{u_{11} + u_{22}}{2} \right)
$$
 [A10]

where u_{11} , u_{22} , and u_{12} are the pair interaction energies for surfactant-surfactant, water-water, and surfactantwater lattice pairs, respectively, and N is the coordination number, i.e., the number of nearest neighbor lattice.

The free energy of liquid phase is written as

$$
F_l = -kT \ln Z_l = -kT \ln Z_{sl} - kT \ln Z_{wl} = F_{sl} + F_{wl}
$$
\n
$$
\tag{A11}
$$

where F_{sl} and F_{wl} are given by

$$
F_{sl} = -kT \ln Z_{sl} = -n_1 kT \ln eV + n_1 kT \ln \frac{n_1}{n_1 + n_2} + n_1 \left\{ h_{sl} - T s_{sl} + \frac{n_1 n_2}{(n_1 + n_2)^2} w_{12} \right\}
$$
 [A12]

$$
F_{wl} = -kT \ln Z_{wl} = -n_2 kT \ln eV + n_2 kT \ln \frac{n_2}{n_1 + n_2} + n_2 \left\{ h_{wl} - Ts_{wl} + \frac{n_1 n_2}{(n_1 + n_2)^2} w_{12} \right\}
$$
 [A13]

Let T_0 the maximum temperature of the mesophase-to-liquid phase transition for non-additive system. According to the condition of phase equilibrium, $F_m = F_l$ at $T = T_0$. This leads to the following expression for T_0 .

$$
T_0 = \frac{n_1 \Delta h_s + n_2 \Delta h_w + \frac{n_1 n_2}{n_1 + n_2} w_{12}}{n_1 \Delta s_s + n_2 \Delta s_w - k \left(n_1 \ln \frac{n_1}{n_1 + n_2} + n_2 \ln \frac{n_2}{n_1 + n_2} \right)}
$$
\n[A14]

where Δh_s , Δh_w , Δs_s , and Δs_w are defined by

$$
\Delta h_s = h_{sl} - h_{sm}; \quad \Delta h_w = h_{wl} - h_{wm}; \quad \Delta s_s = s_{sl} - s_{sm}; \quad \Delta s_w = s_{wl} - s_{wm}
$$

Here, we introduce the volume fraction of the components in the mixture, which are expressed as

volume fraction of surfactant:
$$
\phi_1 = \frac{n_1}{n_1 + n_2}
$$
; volume fraction of water: $\phi_2 = \frac{n_2}{n_1 + n_2} = 1 - \phi_1$

Then, T_0 can be expressed in terms of the volume fraction of surfactant in the mixture as follows.

$$
T_0 = \frac{\phi_1 \Delta h_s + (1 - \phi_1) \Delta h_w + \phi_1 (1 - \phi_1) w_{12}}{\phi_1 \Delta s_s + (1 - \phi_1) \Delta s_w - k \{\phi_1 \ln \phi_1 + (1 - \phi_1) \ln (1 - \phi_1) \}}
$$
\n[A15]

The numerator and denominator of Eq. A15 correspond to the heat and entropy change associated with the phase transition in non-additive system, respectively, i.e.

$$
\Delta h_0 = \phi_1 \Delta h_s + (1 - \phi_1) \Delta h_w + \phi_1 (1 - \phi_1) w_{12}
$$
\n[A16]

$$
\Delta s_0 = \phi_1 \Delta s_s + (1 - \phi_1) \Delta s_w - k \{\phi_1 \ln \phi_1 + (1 - \phi_1) \ln (1 - \phi_1) \}
$$
\n[A17]

Eq. A16 shows that the heat of transition of the surfactant/water mixture is composed of the weighted average of the heat of transition for surfactant and that for water and the heat of mixing which arises from a homogeneous mixing in a liquid phase. Similarly, Eq. A17 shows that the entropy change associated with the phase transition is composed of the weighted average of the entropy change for surfactant and that for water and the entropy of mixing of the two components. These are reasonable picture for the present phase transition.

 T_0 can be expressed simply in terms of Δh_0 and Δs_0 as follows.

$$
T_0 = \frac{\Delta h_0}{\Delta s_0} \tag{A18}
$$

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 T_0 and Δh_0 can be determined by the DSC experiments for additive-free system, and hence, Δs_0 is calculated from Eq. A18.

System with hydrophilic additives

For the case of hydrophilic (water soluble) additives, it may be reasonable to assume that in a mesophase, the additives are mixed with water but not with surfactant (see Fig. $A1(c)$). In addition, we assume this mixture is a regular solution as well as a liquid phase. Following the same procedure as the case of non-additive system, we write the partition functions, and then, derive the free energies for both phases. Let the number of lattices occupied by surfactant, water, and additive be n_1 , n_2 , and n_3 , respectively.

The partition function for mesophase is

$$
Z_m^A = Z_m^A \cdot Z_{wm}^A \cdot Z_{am}^A \tag{A19}
$$

where Z_{sm}^A , Z_{wm}^A , and Z_{am}^A are partition functions of surfactant, water, and additive in a mesophase, respectively, and are written as

$$
Z_{sm}^{A} = [n_1 V \exp\{-\left(h_{sm} - Ts_{sm}\right) / kT\}]^{n_1} / n_1!
$$
\n[A20]

$$
Z_{wm}^{A} = \left[(n_2 + n_3) V \exp\left\{ - \left(h_{wm} - Ts_{wm} + \frac{n_2 n_3}{(n_2 + n_3)^2} w_{23} \right) / kT \right\} \right]^{n_2} / n_2!
$$
\n[A21]

$$
Z_{am}^{A} = \left[(n_2 + n_3) V \exp\left\{ - \left(h_{am} - Ts_{am} + \frac{n_2 n_3}{(n_2 + n_3)^2} w_{23} \right) / kT \right\} \right]^{n_3} / n_3!
$$
\n[A22]

In the above equations, h_{am} and s_{am} are the enthalpy and the entropy of the additive in a mesophase, and w_{23} is the interaction energy parameter between water and additive molecules in a mesphase, which is defined similarly to Eq. A10. Then, the free energy of mesophase is given by

$$
F_m^A = -kT \ln Z_m^A = -kT \ln Z_{sm}^A - kT \ln Z_{wm}^A - kT \ln Z_{am}^A = F_{sm}^A + F_{wm}^A + F_{am}^A
$$
 [A23]

The expressions for F_{sm}^A and so on are as follows.

$$
F_{sm}^{A} = -kT \ln Z_{sm}^{A} = -n_1 kT \ln eV + n_1 (h_{sm} - Ts_{sm})
$$
\n[A24]

$$
F_{wm}^{A} = -kT \ln Z_{wm}^{A} = -n_2 kT \ln eV + n_2 kT \ln \frac{n_2}{n_2 + n_3} + n_2 \left\{ h_{wm} - Ts_{wm} + \frac{n_2 n_3}{(n_2 + n_3)^2} w_{23} \right\}
$$
 [A25]

$$
F_{am}^{A} = -kT \ln Z_{am}^{A} = -n_3 kT \ln eV + n_3 kT \ln \frac{n_3}{n_2 + n_3} + n_3 \left\{ h_{am} - T s_{am} + \frac{n_2 n_3}{(n_2 + n_3)^2} w_{23} \right\}
$$
 [A26]

The partition function for liquid phase is expressed as

$$
Z_l^A = Z_{sl}^A \cdot Z_{wl}^A \cdot Z_{al}^A \tag{A27}
$$

where Z_s^A , $Z_{w\ell}^A$, and $Z_{a\ell}^A$ are partition functions of surfactant, water, and additive in a liquid phase, respectively, and are written as

$$
Z_{sl}^{A} = \left[(n_1 + n_2 + n_3) V \exp\left\{ - \left(h_{sl} - Ts_{sl} + \frac{n_1 n_2 w_{12}}{(n_1 + n_2 + n_3)^2} + \frac{n_1 n_3 w_{13}}{(n_1 + n_2 + n_3)^2} \right) / kT \right\} \right]^{n_1} / n_1!
$$
\n[A28]

$$
Z_{wl}^{A} = \left[(n_1 + n_2 + n_3) V \exp\left\{ - \left(n_{wl} - Ts_{wl} + \frac{n_1 n_2 w_{12}}{(n_1 + n_2 + n_3)^2} + \frac{n_2 n_3 w_{23}}{(n_1 + n_2 + n_3)^2} \right) / kT \right\} \right]^{n_2} / n_2!
$$
\n(A29]

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$$
Z_{al}^{A} = \left[(n_1 + n_2 + n_3) V \exp\left\{ - \left(h_{al} - Ts_{al} + \frac{n_1 n_3 w_{13}}{(n_1 + n_2 + n_3)^2} + \frac{n_2 n_3 w_{23}}{(n_1 + n_2 + n_3)^2} \right) / kT \right\} \right]^{n_3} / n_3!
$$
\n[A30]

where h_{al} and s_{al} are the enthalpy and the entropy of additives in a liquid phase, and w_{12} , w_{13} , and w_{23} are the interaction energy parameters between surfactant and water molecules, between surfactant and additive molecules, and between water and additive molecules in a liquid phase, respectively. Here, we assumed that w_{23} in a liquid phase is the same as that in a mesophase. This assumption looks reasonable, because water and additive molecules retain a nature as a liquid even in a mesophase. Then, the free energy of a liquid phase is expressed as

$$
F_l^A = -kT \ln Z_l^A = -kT \ln Z_{sl}^A - kT \ln Z_{wl}^A - kT \ln Z_{al}^A = F_{sl}^A + F_{wl}^A + F_{al}^A
$$
\n
$$
[A31]
$$

Each term in right hand side of the above equation is given by

$$
F_{sl}^{A} = -n_1 kT \ln eV + n_1 kT \ln \frac{n_1}{n_1 + n_2 + n_3} + n_1 \left\{ h_{sl} - Ts_{sl} + \frac{n_1 n_2 w_{12}}{(n_1 + n_2 + n_3)^2} + \frac{n_1 n_3 w_{13}}{(n_1 + n_2 + n_3)^2} \right\}
$$
 [A32]

$$
F_{wl}^{A} = -n_2 kT \ln eV + n_2 kT \ln \frac{n_2}{n_1 + n_2 + n_3} + n_2 \left\{ h_{wl} - Ts_{wl} + \frac{n_1 n_2 w_{12}}{(n_1 + n_2 + n_3)^2} + \frac{n_2 n_3 w_{23}}{(n_1 + n_2 + n_3)^2} \right\}
$$
 [A33]

$$
F_{al}^{A} = -n_3 kT \ln eV + n_3 kT \ln \frac{n_3}{n_1 + n_2 + n_3} + n_3 \left\{ h_{al} - Ts_{al} + \frac{n_1 n_3 w_{13}}{(n_1 + n_2 + n_3)^2} + \frac{n_2 n_3 w_{23}}{(n_1 + n_2 + n_3)^2} \right\}
$$
 [A34]

Let T_t be the maximum temperature of the mesophase-to-liquid phase transition in the presence of additives. The condition of phase equilibrium, $F_m^A = F_l^A$ at $T = T_b$, results in the following relation.

$$
T_{t} = \frac{\phi_{1} \Delta h_{s} + \phi_{2} \Delta h_{w} + \phi_{3} \Delta h_{a} + \phi_{1} \phi_{2} \left((\phi_{1} \Delta h_{s} + \phi_{1} \Delta h_{s}) + (\phi_{2} \Delta h_{s}) \right) \cdot \phi_{1} \Delta h_{s}}{\phi_{1} \Delta s_{s} + \phi_{2} \Delta s_{w} + \phi_{3} \Delta s_{a} - k \left\{ (\phi_{1} \Delta h_{s} + \phi_{3} \Delta h_{s}) \right\} \cdot \phi_{2} \cdot (\phi_{2} \Delta h_{s}) + \phi_{3} \Delta h_{s} \cdot (\phi_{2} \Delta h_{s}) \cdot \phi_{3} \cdot (\phi_{1} \Delta h_{s}) \cdot \phi_{1} \Delta h_{s}
$$
\n
$$
\left[(\Delta 35 - (\Delta h_{s}) \Delta h_{s} + \phi_{2} \Delta h_{s}) \right] \cdot \phi_{1} \Delta h_{s}
$$

where the following replacement is made for the differences in enthalpy and entropy between liquid phase and mesophase,

$$
\Delta h_s = h_{sl} - h_{sm} \,, \quad \Delta h_w = h_{wl} - h_{wm} \,, \quad \Delta h_a = h_{al} - h_{am}
$$

$$
\Delta s_s = s_{sl} - s_{sm} \,, \quad \Delta s_w = s_{wl} - s_{wm} \,, \quad \Delta s_a = s_{al} - s_{am}
$$

and the volume fractions of each species are introduced, which are defined by

$$
\phi_1' = \frac{n_1}{n_1 + n_2 + n_2}
$$
, $\phi_2' = \frac{n_2}{n_1 + n_2 + n_2}$, and $\phi_3' = \frac{n_3}{n_1 + n_2 + n_2}$

As mentioned in the text, the concentration of surfactant corresponding to the maximum transition temperature, ϕ_1 ', obtained with hydrophilic additives is almost the same as that in non-additive system, ϕ_1 . Thus, one can replace ϕ_1' in Eq. A35 with ϕ_1 . It is convenient to introduce the volume fraction of additives, x, in an aqueous solution of the additives, which is defined by

$$
x = \frac{n_3}{n_2 + n_3}
$$

Then, ϕ_3' and ϕ_2' are expressed in terms of x as follows.

$$
\phi_3' = (1 - \phi_1')x = (1 - \phi_1)x
$$
 and $\phi_2' = (1 - \phi_1')(1 - x) = (1 - \phi_1)(1 - x)$ [A36]

Substituting Eq. A36 and $\phi_1 = \phi_1$ into Eq. A35, and rearranging appropriately, one can obtain the following expression for T_t as a function of x.

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$$
T_{t} = \frac{\Delta h_{0} + (1 - \phi_{1}) \times \Delta h_{w}^{a} + f_{1}(x) w_{12} + f_{2}(x) w_{13} + f_{3}(x) w_{23}}{\Delta s_{0} + (1 - \phi_{1}) \times \Delta s_{w}^{a}}
$$
\n[A37]

where Δh_w^a and Δs_w^a correspond to the following quantities,

$$
\Delta h_w^a = \Delta h_a - \Delta h_w \quad \text{and} \quad \Delta s_w^a = \Delta s_a - \Delta s_w,
$$

and $f(x)$ s are functions of x defined by

$$
f_1(x) = -\phi_1 \left(1 - \phi_1\right) \left\{1 + \left(1 - \phi_1\right) \left(1 - x\right)\right\} x \tag{A38}
$$

$$
f_2(x) = \phi_1 \left(1 - \phi_1\right) \left\{\phi_1 + \left(1 - \phi_1\right)x\right\} x
$$
 [A39]

$$
f_3(x) = -(1 - \phi_1) \left\{ 1 - (1 - \phi_1)^2 \right\} x (1 - x)
$$
 [A40]

Eq. A37 demonstrates that the variation of T_t with the additive concentration is governed by three interaction energy parameters, w_{12} , w_{13} , and w_{23} , and the differences in the heat and entropy of transition between additive and water molecules, Δh_w^a and Δs_w^a . It is expected that Δh_w^a and Δs_w^a are negligibly small, because the transition enthalpy and entropy themselves would be close to zero for water and additive molecules due to rather similar environments of liquid phase and aqueous layer in mesophases. Under this approximation, Eq. A37 is reduced to

$$
T_{t} = \frac{\Delta h_{0} + f_{1}(x) w_{12} + f_{2}(x) w_{13} + f_{3}(x) w_{23}}{\Delta s_{0}}
$$
\n[A41]

This is Eq. 1 in the text.

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