

Two Cases of Idiopathic Superior Lumbar Hernia

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Abstract : A hernia rarely occurs in the lumbar triangle. There are two anatomically weakened spaces, the superior and lumbar triangle.

This disease is primarily treated by surgical repair, and recently the use of artificial materials based on the concept of tension-free repair. Case 1, was a 93-year-old female that presented with a mass in her flank and pain in the left lumbar area. Case 2, was a 79-year-old female with a flank mass and pain in the left lumbar area.

The two cases of idiopathic superior lumbar hernia were using Composix Mesh and Mesh Plug. The method is useful because it contributes to a short hospital stay, decreases the pain, and provides a good for quality of life for the patients.

Key words : Idiopathic superior lumbar hernia, Lumbar hernia, Plug mesh, Composix mesh