Trial of the Inpatient Daycare Center at the daycare of the Department of Psychiatry, Fukuoka

University Hospital: A comparison between the daycare introduction via

Inpatient daycare and that without it.

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Abstract: Objective: As part of the psychiatric rehabilitation at the psychiatry ward of Fukuoka University Hospital, the inpatients who are about to be discharged and who are willing to be a member of the daycare soon after their discharge, are advised to start their daycare program before their discharge. This trial is called the Inpatient Daycare. "The comparison of such daycare introduction was performed between "the Inpatient Daycare" group and the outpatient group without experiencing "the Inpatient Daycare". The trial of "the Inpatient Daycare" is herein discussed. Patients and Methods: A total of 33 patients, who were introduced to daycare during the period from April 2007 to August 2008, were divided into two groups; the group of 10 Inpatient Daycare members and the group of 23 outpatients. These two groups were compared and analyzed regarding age, diagnosis, the individual who proposed of daycare, crisis age, BPRS (Brief Psychiatric Rating Scale), GAF (General Assessment of Function), antipsychotic dose, and the attendance record after a three-month period. Results: No statistically significant differences were detected between the two groups concerning age, diagnosis, crisis age, BPRS, GAF, antipsychotic dose, and the attendance record after the 3-month period. Conclusion: The doctors in charge of their inpatients were observed to recommend that the patients take part in the daycare program in the Inpatient Daycare group. The ratio of participation was also maintained at a high level in "the Inpatient Daycare" group.

Key words: Inpatient Daycare, Rehabilitation, Daycare, Ratio of participation