

The Present Situation of Gender Identity Disorder Treatment at Fukuoka University Hospital and Characteristics of these Cases

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Abstract : The treatment of Gender Identity Disorder (GID) is currently conducted in accordance with "Guidelines for the diagnosis and treatment of GID". However, there are few medical institutions which can presently provide such treatment. We initiated a GID Meeting in Feb 2004, to regulate the treatment at our hospital along the guidelines. In addition, "cross-sex hormone treatment for GID" was approved by the Fukuoka University School of Medicine Ethical Review Board in Dec 2004, and this treatment commenced in March 2005. In addition, "treatment for GID by means of a mastectomy" was approved by the Fukuoka University Hospital Clinical Research Screening Committee in Aug 2006 and the first operation was performed in April 2007. The number of patients seen at Fukuoka University Hospital until March 2007 was 167 (MTF:63, FTM:104). As for the characteristics of these cases, they are similar to the cases reported by other institutions. In the future, the number of such cases is expected to increase thus necessitating further consideration regarding the treatment and support of GID patients.

Key words : Gender Identity Disorder, Psychotherapy, Cross-sex Hormone Treatment, Mastectomy, Sex Reassignment Surgery