Department of Pediatrics, Faculty of Medicine, Fukuoka University

The prevalence of childhood obesity in Japan has been increasing in recent years. 

In a recent study, we investigated the prevalence of overweight and obesity among children aged 5-7 years in Fukuoka City. A total of 52 children participated in the study. The results showed that 48% (25-52) of the children were classified as overweight or obese according to the Body Mass Index (BMI) criteria.

The study was conducted in collaboration with the Department of Pediatrics, Fukuoka University Hospital. Further details on the methodology and findings can be found in the attached report.